



Kearsley Public School "Healthy Kookaburra" Menu



Our Canteen is funded by the P & C and fully run by volunteers. If you are able to volunteer your time serving in the canteen, please contact our P&C Executive OR the school office.

<u>Hot Food</u>	\$
Lean Beef Party Pie	2.20
Lean Sausage Roll	2.20
Ham & Cheese Toastie	2.50
Cheese Toastie	1.50
Ham & Cheese Pizza	2.50
Chicken Tenders (2/ serve)	3.00
<u>Gluten Free</u> Chicken Tenders (2/serve)	3.00
Chicken Nuggets (6/serve)	3.00
<u>Gluten Free</u> Chicken Nuggets (6/serve)	3.00
Noodles (beef/chicken)	2.50
Lasagna	4.00
Twista Pasta	3.00
Mac & Cheese Pasta	3.00
Scrambled Egg (1 Egg)	1.00
Corn Cob	0.80

<u>Burgers & Hot Wraps</u>	\$
Chicken, Lettuce & Mayo Burger	4.00
Cheeseburger	4.00
Chicken Tender Wrap (chicken tender, lettuce, sauce or Mayo)	4.00
Chicken Crackle Wrap (chicken crackles, lettuce, sauce or Mayo)	4.00
Add cheese to any burger or wrap	0.50

<u>Snacks</u>	\$
Red Rock Sea Salt Chips	1.30
Popcorn	1.00
Custard Cup	1.00
Blueberry Muffin	1.50
Low Fat Chocolate Muffin	1.50
Vegemite Scroll	2.50
Ham & Cheese Roll	2.00
Cheese and Biscuits (4 cheese + 4 biscuits)	1.00
Tuna and Rice Crackers	2.00
Rice Crackers	0.05
Boiled Egg (1 Egg)	0.50

<u>NOTE</u>
-BBQ or Tomato Sauce 40c/Serve
-Please label all lunch orders with your child's name and class.
-Lunch Order bags are 10c each

<u>Build a Sandwich, Wraps & Tub</u>	\$
Choose your favourite ingredients from the list below and build your own fresh sandwich, wrap or tub! Can be toasted at no extra cost.	
Wrap or Tub—Add	1.00
(or supply your own tub with your lunch order for free!)	
• Diced Chicken Sandwich	2.50
• Ham Sandwich	2.00
• Egg or curried egg Sandwich	2.00
• Cheese Sandwich	1.50
• Vegemite Sandwich	1.20
• Strawberry Jam Sandwich	1.20
Add on any of the below:	
• Cheese	0.50
• Tomato	0.50
• Lettuce	0.50
• Carrot	0.50
• Cucumber	0.50
• Beetroot	0.50

<u>Ice Blocks</u>	\$
Ice Mony	1.00
Lite Ice Cream Tub	1.50
Moosie	1.50
(Choc, Blue Moon)	
Mango Frozen Yogurt	1.50
Snap Sticks (sour blackcurrant, sour grape, sour watermelon, sour blueberry)	1.00
Juiceys (Lemonade, Orange, Tropical, Wild Berry)	1.20

<u>Drink</u>	\$
Chocolate Milk	1.50
Strawberry Milk	1.50
Popper Juice—assorted Apple/orange/tropical	1.30
Chill J	2.00
Hot Chocolate (milo)	1.50
Bottled Water	1.30

<u>Fruit</u>	\$
Seasonal Fruit cup	1.50
Apple (whole)	0.60
Frozen Orange 1/4	0.15
Orange (whole)	0.60