



Kearsley Public School

NEWSLETTER

"Individuals Achieving Goals Together"

Principal: Sue Holt

FORTNIGHTLY

Thursday 6 March 2014

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From The Principal's Desk

Last Friday students from Kearsley represented our school at the Zone swimming trials. Our students performed well and were great ambassadors for our school. Lloyd and Rhett Duggan placed very well in their races and were unlucky not to go on to represent the Cessnock zone at region. Congratulations to everyone who tried their best.

Adam Attwood also won selection in the zone basketball team. He will travel to the regional trials tomorrow. Good luck Adam!

Clean up Australia Day was held at Kearsley P.S on Monday. Students and staff did a fabulous job tidying and cleaning our school grounds. It is important to remember, to always teach our children their responsibility of 'keeping our environment clean'.

I am hoping that the path from the Library to the footpath will be constructed this weekend and the rubbish in the corner will be removed on Saturday.

If you have a spare hour on Saturday morning and you would like to help us to give some attention to our gardens now that autumn is here, it would be much appreciated.

The P&C Annual General meeting was held today. Further information to follow.

Our Year Six parents and students attended their first information session at Cessnock High ready for 2015. High school enrolment forms will go home on Monday 10th March with your child. They are to be returned by Thursday 20th March, 2014. If you do not receive it, please check first with your child and then with the office.

Currently the staff at Kearsley P.S are revisiting the Discipline Policy regarding students representing the school or attending excursions, if there has been ongoing behavior issues in the classroom or on the playground. Thank you.

Sue Holt (Rel. Principal)

Important Dates:

7 Mar	Sport Assembly
7 Mar	Money due ICAS Competitions
7 Mar	Canberra Expression of Interest Due
19 Mar	Ride 2 School Day
21 Mar	School Cross Country
24 Mar	Year 3/4 Science Show
10 April	School Photos
11 April	Last day Term 1
29 April	First day Term 2

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Kookaburra Awards

Mrs Pitt	Mrs Singleton	Mrs Fairlie	Mr Falla	Ms Thompson
Pierah K	Zaria W	Courtney S	Annabelle R	Riley B, Sophie R
Jasmine H-J	Ruby S	Hayley F	Alex B, Tyren C-R	Christian S
Luke A	Darcy P	Izaiah W	Alex K	Rex C-R, Darcy B
Saranah R	Harmony L	Kolbi B	Korey T	Adam A
Ryleigh H	Preston K	Tyler D	Chelsea P	Henry K
Clayton H	Zac C	Logan B	Justin P	Isabelle P
Gavin F	Savanna C-R	Ebony B	Jock D	Chloe S
Isla H	Seth J	Trenten M	Harrison R	Josh G
Haimish L	Madison K	Malakai L	Rhett D	Bradley R
Mary W	Jarrah W		Keelee S	Corey S
			Kye B	Ryan C
			Oliver C	Dylan P

Kinder Enrolments 2015

Names are now being taken for Kindergarten 2015. Please call at the office to pick up an enrolment form and add your child's name to our list. If you know of any new families that will be joining our Kinder class in 2015 could you please let them know to call at the office. Thank you.

Voluntary School Contributions

Students were issued with invoices for school contributions. The contribution rate has stayed the same as the last few years. Please make your payment **by the end of term 1 to go into the draw for a \$25 GIFT CARD.**

\$30 for families with 1 student (\$7.50 per term)
 \$50 for families with 2 students (\$12.50 per term)
 \$60 for families with 3 or more students (\$15 per term)



The eldest student in each family has been listed on the statement. These fees are not compulsory but are very much appreciated as they are put towards purchasing much needed supplies and equipment used daily by the students of our school.

Swimming Carnival Age Champions

Congratulations to our Swimming Carnival Age Champions: Snr Boy Champion Lloyd Duggan, Snr Girl Champion Sophie Rockley, 11yrs Boy Champion Braith Gosney, 11yrs Girl Champion Darcy Balazic, Jnr Boy Champion Sam Archibald & Jnr Girl Champion Jordarna Barber. The winning house on the day was Caledonia. Medallions and ribbons will be handed out at our weekly assembly on Friday 7 March.

Toys at School

Could all **toys** please be left at home unless it is your child's news item, then it will be left in the classroom till home time. We have plenty of sports equipment that the students can borrow here at school for them to play with. We have very upset children when their special toys are lost or accidentally broken. Thank you for your support with this matter.

ICAS Competitions 2014 Yrs 3 –6

Once again the University of NSW is conducting the “International Competitions and Assessments for Schools” (ICAS) for students in years 3 - 6. These are external assessments in Computer Skills, Science, Spelling, Writing, Mathematics and English. If your child wishes to enter there is a fee for each competition. It is **NOT**

compulsory for students to enter these competitions, only if they wish to do so. You can choose which competitions you wish to enter. A detailed note will be sent home with this newsletter.

The money for all competitions you are entering needs to be given to your class teacher by **TOMORROW.**



SUBJECT	COST	SITTING DATE
Computer Skills	\$8.80	Tuesday 20 May
Science	\$8.80	Wednesday 4 June
Spelling	\$12.10	Tuesday 17 June
Writing	\$18.70	Thursday 19 June
English	\$8.80	Wednesday 29 July
Mathematics	\$8.80	Tuesday 12 August

Canberra Excursion

Years 5 & 6 have the opportunity to participate in a 4 day excursion to Canberra on Tuesday 2 September till Friday 5 September 2014. This is an exciting, fun-packed experience for all students. The cost will be approximately \$400.00 which includes return coach transport, accommodation, all meals (except lunch on Day 1), and all activities.

This cost has been based on 28 students so the cost could change slightly depending on definite numbers. We will endeavour to do some fundraising to bring this cost down for families. Notes were given to students last week. Expressions of Interest need to be returned to Ms Thompson by **tomorrow**. NB: There MAY BE an opportunity for parents to attend at the same cost as students – please tick the box on the note if interested. A payment plan has been devised so families can budget for the trip. A \$50 deposit needs to be paid by **28 March 2014**.

School Cross Country

On Friday 21 March 2014, our school will be holding a cross country run for all Yrs 3 – 6 children. This will enable us to pick our team for the Zone Cross Country. The race will be at Jeffery Park, Kearsley. We will be walking from school at 9.15am to the park. We will walk the track and the race starting time will be 9.45am. We will be returning to school by lunchtime. Please ensure your child is wearing their sports uniform, joggers and hat. Students aged 8, 9 or 10 years old will run 2 laps each, 11, 12 and 13 year olds will run 3 laps each. A permission note will be sent home next week.



Zone Swimming Carnival Report

All Kearsley PS students swam well and represented our school with pride. The Duggan brothers were the standouts on the day. Lloyd gained two 3rd place ribbons in backstroke and butterfly and his younger brother Rhett blitzing the field to take out the 50 metre freestyle.



Canteen Easter Colouring Competition

The canteen is running an Easter colouring competition. There are two categories, Kinder—Year 2 and Year 3—Year 6. Students are asked to finish the pattern of the picture then colour or decorate it. Entries need to be handed back to teachers by April 9, winners will be announced at the Easter hat parade on 11 April.

Kearsley Canteen Roster - Term 1 2014

NSW Department of
Education & Communities

March

Mon	Tue	Wed	Thu	Fri
3 CLOSED	4 Amy Archibald Vanessa Rockley	5 Chris & Linda Cunningham	6 Amanda Vine Amanda Penfold	7 Amanda Penfold Patricia Bell
10 CLOSED	11 Julianne Duggan Jane Hayes	12 Louise Robertson Leanne Robertson	13 Bobbie Orr Nichole Levett Amanda Vine	14 Melva McLennan Dusty Lawless
17 CLOSED	18 Tina & Wes Batey	19 Linda Cunningham Patricia Bell	20 Amanda Penfold Tina Batey	21 Nicole & Lynne Dunncliff
24 CLOSED	25 Renee Flaherty Colleen Jones	26 Sandy Robinson Tina Batey	27 Sarah Kedwell Carol Wilton	28 Melva McLennan Davina Lawless

All volunteers who work in the school canteen, reading groups or who volunteer and are on school grounds need to pay a membership fee to be covered for insurance purposes. Please pay your \$2.00 P & C / Canteen membership to the school office ASAP. Amy Archibald is doing canteen rosters and can be contacted at amykarchibald@gmail.com for any questions regarding rosters.



**ALL SYSTEMS
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**REPAIRS & UPGRADES
NEW PC'S & NOTEBOOKS
ANTIVIRUS SOLUTIONS
ONSITE SERVICE**

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CESSNOCK WEST**

02 49914122

We're your computer people!



**School Banking has resumed
for the year. Please send in
bank books every Thursday
for Mrs Duggan to process.
Thank you.**



Hunter Dental Group

ABN: 81 053 196 053

CESSNOCK DENTAL

Shop 16 10-14 North Ave CESSNOCK 2325
PO BOX 163 CESSNOCK 2325
PH: 02 49901279 FAX: 02 49912082
Email: cessnockdental@gmail.com

GREENHILLS DENTAL

Suite 7 Mitchell Plaza
5-9 Mitchell Drv GREENHILLS NSW 2323
PH: 02 49347877 FAX: 02 49347880
Email: greenhillsdental@gmail.com

DUNGOG DENTAL

197 Dowling St DUNGOG 2420
PO BOX 150 DUNGOG 2420
PH: 02 49923366 FAX: 02 49923597
Email: dungogdental@hotmail.com

10th February 2014

Dear Local Schools,

Below is an introduction to the Child Dental Benefits Schedule which started on 1st January 2014.

Child Dental Benefits Schedule 2014 Introduction

The Child Dental Benefits Schedule (CDBS) commenced on 1 January 2014 and will provide access to benefits for basic dental services to children aged 2-17 years. It will replace the existing Medicare Teen Dental Plan (MTDP) which was a prevention only scheme.

The total benefit entitlement will be capped at **\$1,000 per child** over a two calendar year period. A Childs eligibility for the Child Dental Benefits Schedule is assessed at the beginning of each year and requires receipt of **Family Tax Benefit Part A (FTB-A)** or a relevant Australian Government payment.

The CDBS will provide individual benefits for a range of services including examinations, x-rays, cleaning, fissure sealing, fillings, root canals and extractions. Benefits will not be available for orthodontic or cosmetic dental work and will not be paid for any services provided in a hospital.

All Hunter Dental Group practices will be accepting these vouchers and

Will FULLY BULK BILL to Medicare.

This means as long as funds are available there will be **NO OUT OF POCKET EXPENSE.**

To make a booking please contact your local practice on:

CESSNOCK 4990 1279 GREENHILLS 4934 7877 DUNGOG 4992 3366

We hope that you could pass this information on to your parents and students.

Yours sincerely

Dr George Patience & Hunter Dental Group team.

www.hunterdentalgroup.com



Cool Kids Crunch&Sip®!

Don't forget the bottle of water
and fruit or vegetables for
Crunch&Sip® everyday!





1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

Learn to manage difficult behavior in children 2-12 years old

A three-session program for parents and carers

at Cessnock Family Support Service

5 Hall Street, Cessnock

on Wednesdays 26 February, 5 March & 12 March 2014 at 10am to 12.30pm

Learn:

- ✓ How to discipline without arguing, yelling or smacking
- ✓ How to sort behaviour
- ✓ How to handle challenging and testing behaviours
- ✓ Choosing your strategy, the three choices
- ✓ Using emotion coaching to encourage good behaviour
- ✓ 7 tactics for encouraging good behaviour

Parents will receive:

- A 1-2-3 Magic & Emotion Coaching Parent Workbook
- The course is free, morning tea is provided
- No childcare available

Register for this course by contacting Cessnock Family Support Service on 4990 4507

What people are saying...

What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realized quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control

Who is running it?

The presenters for this course have completed Parentshop's 1-2-3 Magic® & Emotion Coaching practitioner training and are employed by Cessnock Family Support Service.



For more information contact: Cessnock Family Support 4990 4507

- An end to the arguing and yelling! • It saved our lives • Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au



TRIPLE P SELECT PROGRAM

Triple P Parent Seminars

The power of positive parenting	Thursday 13 March 2014
Raising confident, competent children	Thursday 20 March 2014
Raising resilient children	Thursday 27 March 2014

Time: 10.00 am - 12.00 pm

at
Samaritans Neighbourhood Centre
198-202 Vincent Street, Cessnock

To book a place or for more information please phone

CESSNOCK FAMILY SUPPORT SERVICE

on

4990 4507



Seminars are presented by an accredited Triple P practitioner

Financial assistance for this service is provided by Community Services, Department of Family and Community Services NSW

Sacred Elements

02 4991 1100
info@sacredelements.com.au

AWAKEN VITALITY WITHIN EXPO

30th March 2014 10am—3pm
Come on out and join us for our bi-annual open day

Guest Mediums

SUZIE THE GHOST WHISPERER & HELEN THE PSYCHIC MEDIUM

\$15 Platform Shows

11am—Suzie 1:30pm—Helen

Stall Holders	Insight	Guidance	Healers
Massage	Empowerment	Inspiration	Readers

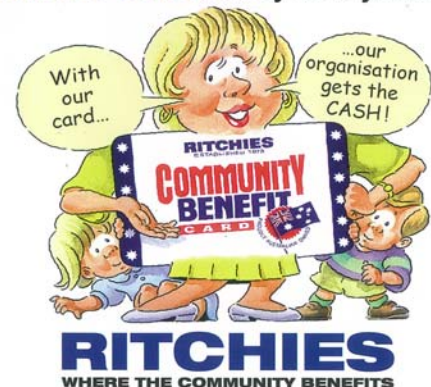
Grab a coffee or a bite to eat and enjoy the tranquillity of our courtyard garden, ideal for relaxing in

19 Wine Country Drive, Cessnock
In the grounds of Calvary Retirement Village

Help Us raise funds

By shopping at any **Ritchies Supermarket** or **Liquor Store**, 0.5% of the money you spend will be automatically **donated* back to us.**

Use your **FREE Community Benefit Card** every time you shop



*Conditions apply - see application form for detail

HELP Kearsley PS raise money simply by shopping at IGA. Collect a card and key tag from the office. NO forms to fill out they are already registered and ready to use!

Turn off the TV or computer and get active

Set a limit on the amount of time children watch television or spend on the computer. Two hours a day is the maximum. Too much screen time limits physical activity.

On the weekend, live life instead of watching it on TV. Find a new place to hike, bike or run.

When you hear "I'm bored" – think of something active to do.

During the winter months, avoid allowing children to watch too much TV or play video games.

Encourage active play, which builds social, mental and physical motor skills.

Why reduce television time?

studies have shown we use less energy watching TV than sitting still

TV influences the food choice of kids – Australia has a high rate of food advertising during children's viewing hours

TV replaces time a child can be active and enjoy physical activity

there is an association between TV watching and being overweight

40% of children 5 – 12 years report watching an average of two hours or more of television or videos a day.

YEAR 6-7 TRANSITION TO HIGH SCHOOL IN 2015 INFORMATION EVENING



*Mount View High School would like to welcome
your child in 2015.*

*We would like to invite parents and their children in Year 6
to our information evening.*

**Monday 10th March 2014
5.30pm to 6.30pm
in the school hall**

This will be a wonderful opportunity to:

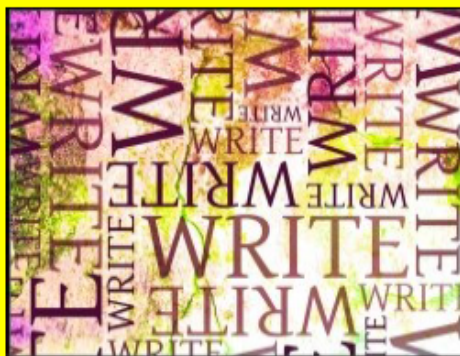
- meet Mount View High School staff, including the Year Adviser for Year 7 2015, Miss Rowena Agostino
- view the facilities of Mount View High School
- hear about subjects on offer for Year 7 2015
- be advised of the enrolment process and
- receive information about our transition program for Year 6 into Year 7 2015.

If you have any enquiries please contact the school on 49902566.

WE LOOK FORWARD TO MEETING YOU.



It's time for Crunch&Sip®



Junior Creative Writing @ Cessnock & Kurri Libraries

Who: Children and Young adults aged 10-16 yrs

Where: Cessnock & Kurri Public Libraries

When: Monthly

How?: Contact the library for more information and to join our group

KURRI KURRI LIBRARY:

Karen Bruce: PH: 49371638

karen.bruce@cessnock.nsw.gov.au

CESSNOCK LIBRARY:

Sandy Ryan: PH: 49934384

sandra.ryan@cessnock.nsw.gov.au



NATIONAL SIGN ON DAY
AT
MAITLAND TENAMBIT BMX CLUB
ON
SATURDAY, 22 MAR

VISIT BMXAUSTRALIA.COM.AU
FOR MORE INFORMATION

Don't forget to check
out our website at
**[www.kearsley-
p.schools.nsw.edu.au](http://www.kearsley-p.schools.nsw.edu.au)**

Where: Beryl Humble Sporting Complex, Metford Rd, Tenambit

Time: 9am till 12 midday

What to Bring: A bike, preferably wear long pants & long sleeve shirt, sturdy enclosed shoes, a helmet and a drink.

Contact: maitlandbmx@hotmail.com

The first 25 children to register at the track will receive a show bag.