



Kearsley Public School

NEWSLETTER

"Individuals Achieving Goals Together"

Principal: Sue Holt

FORTNIGHTLY

Thursday 21 August 2014

Issue: 13

Phone: 49901705

Fax: 49911018

130 Caledonia St

Kearsley 2325



Email:

kearsley-p.school@det.nsw.edu.au

Website:

www.kearsley-p.schools.nsw.edu.au

From The Principal's Desk

Our Canberra excursion is only 10 days away. Year 5/6 are very excited about their trip to Australia's capital for 4 days. Mrs Trigg, Mrs Weekes, Mr Ringis and four parents will accompany our students on this fabulous excursion. Please ensure that final payments are made to the office. There will be an information session next Monday at 2:30pm in the 5/6 room so if you have any questions please come along.

Attendance—we understand that at this time of the year that there has been lots of illness, but it is very important that children come to school every day when they are well. It is also important to arrive on time at 9:00 am as learning time will be missed. For every day your child misses school it is equal to three days of learning. Please ensure that your child attends school, as research shows that education affects the quality of our future.

We are looking forward to the Book Parade next Tuesday at 12:30pm. Please keep your costumes simple. The P&C will hold a cake stall after the parade and the school will be selling second hand books at fabulous prices. We hope to see you all there.

Next Wednesday 27th August we will host the 'Making Friends' show. The show demonstrates how to make friends, keeping friends and it will reinforce the benefits of solid friendships both in and out of school. The cost is \$5 per student to be paid to the class teacher in an envelope please with the child's name and class.

Due to our Year 5/6 students being in Canberra we have decided to hold our Father's Day Stall on Friday 29th August and our Father's Day breakfast on Monday 8th September. A separate note will go home asking for numbers. We look forward to sharing this event with our dads and grandads. The Fathers Day raffle will be drawn on Friday 29th August at our weekly assembly at 9:10am.

Congratulations to our school captain Riley Butler. Riley was presented with a Kullaburra Award yesterday at Kurri Kurri High for his outstanding efforts as a role model and school leader. Sue Holt—Relieving Principal

Important Dates:

| | |
|---------|--|
| 26 Aug | Book Week Parade @ 12:30pm |
| 27 Aug | Making Friends Show |
| 29 Aug | Father's Day Stall |
| 2-5 Sep | Canberra Excursion Year 5/6 |
| 8 Sep | Father's Day Breakfast |
| 16 Sep | Science & Engineering Challenge Year 5/6 |
| 19 Sep | Last Day Term 3 |
| 7 Oct | First Day Term 4 |

Inside this issue:

| | |
|-------------------------------|---|
| <i>School Banking</i> | 2 |
| <i>Kinder 2015 Enrolments</i> | 2 |
| <i>Kookaburra Awards</i> | 2 |
| <i>Bloke's Breakfast</i> | 3 |
| <i>Cake Stall Donations</i> | 3 |
| <i>Canteen Roster</i> | 4 |

Kookaburra Awards

| Mrs Pitt | Miss Williams | Mrs Fairlie | Miss Rawlins | Mrs Trigg |
|-------------|---------------|-------------|--------------|--------------|
| Domonic L | Zac C | Logan B | Jock D | Jayke C |
| Ryleigh H | Madison K | Seth A | Annabelle R | Jack G |
| Ruby G | Preston K | Kolbi B | Justin P | Isabelle P |
| Porsha B | Rubi S | Malakai L | Kye B | Rex C-R |
| Ava D | Monique A | Jason W | Brock B | Gemma-Rose D |
| Luke A | Preston B | Tyler D | Alex B | Bradley R |
| Thomas B | Ella C | Bailey I | Rhett D | Tyreece P |
| Klay W | Seth J | Jorja K | Alex K | Lily G |
| Gavin F | Zaria W | Katlyn E | Mason S | Christian S |
| Tennielle P | Jarrah W | Ashley H-J | Keelee S | Ryan C |
| Mitch S | | Jackson H | | Corey S |
| Saranah R | | Harley M | | Annaliese H |
| Nate R | | | | |

Kinder Enrolments 2015

Names are now being taken for Kindergarten 2015, we currently have 18 Kinders on our list. Please call at the office to add your child's name to our list. If you know of any new families that will be joining our Kinder class in 2015 could you please let them know to call at the office. Enrolment packs were sent home today and our first Kinder orientation will be Wednesday 15 October 2014. When returning your child's enrolment forms please provide their immunisation details and proof of residential address along with their birth certificate so we can take a copy, thankyou.

School Banking - Money Savers Reward Day

The Term 3 Commonwealth school banking rewards day is on 28/8/2014. Students with 10 silver tokens (or 9 if they are banking on that day) may collect a reward for their great diligence. Write your name and class on a blank piece of paper and then note your preferred reward from the following list only :

- Blue Wallet*,
- Dollarmites Moneybox,
- Handball,
- Headphones*,
- Knuckles Game*,
- Pat Moneybox*,
- Penguin Keyring,
- Pru Moneybox*,
- Scented Pencils,
- Shark Keyring,
- Spen Moneybox*,
- Swimming Bag (New!),
- Whale Shark Pencil Case.

If you select an asterisked item choose a second one as well, because the asterisked items are running out. Your 10 silver tokens will be replaced with a gold token and your reward will be given to you after it arrives by post to the school. Also please do **NOT** keep your silver tokens in your bank book cover. They are much safer kept at home in a jar or looked after by Mum and Dad.

Year 5/6 Science & Engineering Challenge

Year 5/6 will be participating in a science & engineering challenge on Tuesday 16 September 2014. Parent transport will be required, more information will follow shortly.

Cake Stall Donations

The P&C are holding a cake stall at the Book Parade this Tuesday and would appreciate donations of cakes to be dropped off to the canteen on the day. Any donations would be greatly appreciated.

Book Parade

To celebrate National Literacy/Numeracy Week a book character parade will be held at the school on Tuesday 26 August 2014 at 12.30 pm. All students and pre-schoolers are invited to dress up as their favourite book character. Parents, caregivers and family are invited to come along. This will be followed by a sale of old Library books – all from the junior & senior fiction sections – where you will be able to pick up some amazing bargains for as little as 50c.

Bloke's Breakfast

This year the school will be hosting a 'Bloke's Breakfast' as part of the Father's Day celebrations on Monday 8 September from 8:15am – 9:00am. The breakfast has been a great success in the past and we are encouraging the 'Blokes' to come along and enjoy some time with the children. Please return invitation with numbers for catering by Thursday 4 September 2014.



Canberra Meeting

The Yr 5/6 Canberra excursion is only 10 days away!! There will be a meeting for parents and students on Monday 25 August at 2:30pm in the Yr 5/6 room. If you have any questions please come along and discuss these with Mrs Trigg.

Father's Day Stall

The Father's Day Stall will be held on Friday 29 August this year so we can give the Yr 5/6 students an opportunity to participate as they will be in Canberra the Friday before Father's Day. Buying will commence after the completion of our Friday morning assembly.

Uniform Lotto

Uniform Lotto began this week, students in full school uniform who are drawn out are able to choose a healthy ice block or a prize from the dip box.

Premiers Reading Challenge

The Premiers Reading Challenge closes tomorrow for 2014. Congratulations to our wonderful students who have completed their reading so far: Nate Reed, Harrison Reed, Mary White, Jason White, Ella Cunningham, Izaiah Webber, Zaria Webber, Seth Attwood, Adam Attwood and Jarrod Hodges.

Canberra Excursion Reminder

All students must be at school by **6.15am** on Tuesday 2 September. The bus will depart at 6.30am SHARP! If you are late, you will be left behind. Students will need to take recess, lunch & a drink, packed from home, for the trip down to Canberra. **Do not pack any other food, as the students will not be allowed to eat on the coach or in their rooms.** Looking forward to a fantastic week!

Making Friends Show

The "Making Friends Show" is on next Wednesday at 2pm in the school hall for all students in Year 2 to 6. This show is **compulsory** and permission notes with money need to be returned by tomorrow.

Father's Day Raffle Tickets

Please return all raffle tickets sold or unsold with money by Wednesday 27 August 2014 to the office. This will be drawn at our regular Friday morning assembly on Friday 29 August 2014. Thank you!

Kearsley Canteen Roster - Term 3 2014

NSW Department of
Education & Communities

August

| Mon | Tue | Wed | Thu | Fri |
|--------------|---------------------------------------|---|------------------------------------|--|
| 18 CLOSED | 19 Tina & Wes Batey | 20 Patricia Bell Help Needed | 21 Amanda Penfold Tina Batey | 22 Melva McLennan Rayleen Bereczky |
| 25 CLOSED | 26 Renee Flaherty Colleen Jones | 27 Sandy Robinson Tina Batey | 28 Amanda Vine Kristy Jones | 29 Melva McLennan Lynn Dunnicliff |

September

| Mon | Tue | Wed | Thu | Fri |
|--------------|---------------------------------------|--|---|---|
| 1 CLOSED | 2 Amy Archibald Vanessa Rockley | 3 Chris Cunningham Linda Cunningham | 4 Amanda Penfold HELP NEEDED | 5 Amanda Penfold Patricia Bell |
| 8 CLOSED | 9 Julianne Duggan Jane Hayes | 10 Louise Robertson Leanne Robertson | 11 Sarah Kedwell Carol Wilton | 12 Melva McLennan Rayleen Bereczky |
| 15 CLOSED | 16 Tina & Wes Batey | 17 Patricia Bell HELP NEEDED | 18 Amanda Penfold Tina Batey | 19 Nicole Dunnicliff Lynne Dunnicliff |

All volunteers who work in the school canteen, reading groups or who volunteer and are on school grounds need to pay a membership fee to be covered for insurance purposes. Please pay your \$2.00 P & C / Canteen membership to the school office ASAP. Amy Archibald is doing canteen rosters and can be contacted at amykarchibald@gmail.com for any questions regarding rosters.



**ALL SYSTEMS
COMPUTING
CESSNOCK**

**REPAIRS & UPGRADES
NEW PC'S & NOTEBOOKS
ANTIVIRUS SOLUTIONS
ONSITE SERVICE**

**SHOP 2/99 WOLLOMBI RD
CESSNOCK WEST**

02 49914122

We're your computer people!



SCHOOL BANKING

Please send in bank books every Thursday for Mrs Duggan to process. Thank you.



Keeping lunchboxes safe

- ◆ Before preparing your child's lunchbox, always wash your hands and ensure you have a clean chopping board, lunchboxes and utensils.
- ◆ Bacteria that cause food poisoning grow at room temperature so it is a good idea to keep lunchboxes cold, even in winter. Include a frozen drink or ice-brick to keep sandwiches fresh and safe.
- ◆ Wrap frozen drinks in a paper towel to stop condensation making lunches soggy.

Be selective about what you pack, especially on hot days. Try to avoid cold

Keen Green Beans!



Many people eat cooked green beans at dinner. But did you know that raw green beans also make a great snack?

Why not try sliced fresh green beans in a small container for your child's Crunch&Sip* break?

Keep 'em keen – give 'em beans!



Kearsley PS Correct Shoe Policy

Bloke's Breakfast

This year the school will be hosting a 'Bloke's Breakfast' as part of the Father's Day celebrations on Monday 8 September from 8:15am - 9:00am. The breakfast has been a great success in the past and we are encouraging the 'Blokes' to come along and enjoy some time with the children. Please return invitation with numbers for catering by Thursday 4 September 2014.



Bloke's Breakfast

NAME: _____

NUMBER ATTENDING:

Adults: _____ Children: _____

Please RSVP by Thursday 4 September 2014



Spring Awakening



Friday 12 September from 6.30pm

Cessnock TAFE Grounds, Darwin St, Cessnock

A family friendly festival with entertainment & activities including story-telling & drumming workshops, to be held in the Cessnock TAFE grounds which will be transformed with fire, lantern & lighting installations. This is a FREE event designed to step you out of the ordinary and into the extraordinary!

Bring your friends, a chair, a rug & a picnic - or warm yourself by the fire with a hot chocolate.

Free lively entertainment and plenty of delicious food choices will keep your warm, delighted and well-fed.

Why not make your own lantern to bring along? Lantern making workshops are being held at Cessnock Performing Arts Centre on 27 August at 2pm and 6 September at 11am.



Call CPAC on 4990 7134 to reserve your place!

CESSNOCK HOCKEY SUMMER COMPETITION

CESSNOCK HOCKEY WILL BEGIN THEIR SUMMER COMPETITION ON MON 11TH AUGUST.
Primary Grade will begin on Wed 13th August.
Registration Day will be Sat 2nd August 1.00pm - 4.00pm
Teams and individual players welcome!

| REGISTRATION: | Games fees per player per game \$2.00 |
|-------------------|---|
| Senior\$100 | AGM will be Sat 30th August at 2pm |
| Under 18.....\$70 | For more information phone |
| Under 9.....\$40 | Lisa 0428 911 781 or Kathy 0402 984 465 |

ADV1451004M

Good for Kids good for life

Getting kids active

Children should get a least 60 minutes of physical activity every day, including vigorous activities that make them "huff and puff"¹.

Physical activity doesn't all have to happen at the one time. It can be accumulated throughout the day by walking or riding to and from school, being active at school in PE and break times, active play at home or taking part in organised sport outside of school.

Be a good role model and have a positive attitude to being active. If your children see you enjoying physical activity and having fun, it can motivate them to join in.

Below is a home fun activity that you can enjoy with your children that will make them huff and puff by practising the dodge.

Dodging is a locomotor skill that involves a high degree of balance, stability and change in direction². It is common to many playground games and activities and is an important skill in the majority of team sports².

Artful Dodger²

One partner stands behind the other.

On 'go' the front person runs around changing direction regularly.

On 'stop' both players freeze. If the back person can take one step and touch the front person they become the new dodger.

Reference:

¹ "Get active each day" fact sheet accessed from www.healthykids.nsw.gov.au

² Q4: Family Activation Pack

http://www.healthpromotion.com.au/CiM/Family_Activation_Pack.htm



Health
Hunter New England
Local Health District

PHONE 1300 657 197