



Kearsley Public School

NEWSLETTER

"Individuals Achieving Goals Together"

Principal: Ian Lamph

FORTNIGHTLY

Thursday 5 February 2015

Issue: 1

Phone: 49901705

Fax: 49911018

130 Caledonia St

Kearsley 2325



Email:

kearsley-p.school@det.nsw.edu.au

Website:

www.kearsley-p.schools.nsw.edu.au

From The Principal's Desk

Thank you to all the people who have taken the time to welcome me back to school after my time off. I did have a wonderful time and have come back to school feeling very refreshed and ready continue to develop this great school.

Welcome back to all our students and parents. I love meeting the new Kinders each year. I look forward to catching up with all parents in the near future.

Congratulations to Mrs Graham on her fantastic organisation of the swimming carnival, the day ran very smoothly and from what I saw the children had a great time. Thanks to the parents and teachers who came down to the pool and supported our school it is always good to have a crowd to cheer on the competitors.

This year I have some extra funding for the school and I would like to know what the parents think would be the best way to spend it. This is a terrible problem to have (joking) and I needed your help to ensure we get the best result for our money to help the children achieve their best. Please come and talk to me if you have any ideas that could help our school.

Welcome, Mr McLoughlin who will be working with Years 5/6 on Thursdays. It's going to be nice to have another male on staff each week.

At the moment the school has a wonderful feel to it. The children are very settled, their uniforms look great and as I walk around the classes each day I see many children engaged in a variety of learning activities. One goal of mine this year is to having the best teacher possible teaching your children where they are actively engaged in good learning opportunities. All teachers will continually be looking for ways to help achieve this goal and make our school even better.

Please come along to the P&C meeting and have your input and show your support for your child's learning.

I would also like to remind all parents that they must report to the office before going to their children's classroom.

Important Dates:

5 Feb	P&C Meeting 2pm
12 Feb	Student Banking
17 Feb	Book Club Orders Due
18 Feb	Zone Swimming Carnival
27 Feb	Clean Up Day
18 Mar	ATSI Health Screenings
2 April	Last day Term 1

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Kookaburra Awards

Mrs Singleton	Mrs Pitt	Miss Rawlins	Miss Williams	Mrs Manderson	Mrs Trigg
	PBL-Nicholas B	PBL- Zaria W	PBL-Jorja K	PBL-Brodie E	PBL-Rhett D
	Nigel C	Darcy P	Ashley H-J	Jordarna B	Jai B
	Isla H	Savanna C-R	Izaiah W	Harley M	Tamara H
	Pierah K	Harmony L	Kolbi B	Courtney S	Gemma Rose D

Principal's Awards

Saranah R	Korey T

School Uniform

Uniforms look fantastic, thank you to parents/carers for sending your children to school in their correct uniform. Just to clarify a few things: Socks are navy Monday to Thursday and white on sports day which is Friday. Black shoes must be worn everyday except on sport day. Several students are wearing the new sports shirts and they look great. Flanagan's are out of stock at the moment but should have them in again by next week. We do have a NO hat NO play policy so school hats must be worn everyday and can be purchased at the office. Bike pants are NOT permitted to be worn at anytime.

House Captains

Congratulations to our elected House Captains and Vice Captains for 2015. They are as follows:

<u>House</u>	<u>Captain</u>	<u>Vice Captain</u>
Tomalpin	Lily G	Jack G
Allandale	Gemma D	Bailey R
Pokolbin	Louise D	Tyluh S
Caledonia	Isabelle P	Keelee S

General Permission Note

A general permission note was sent home with ALL students last week. It gives students permission to use the internet, permission for walking excursions, permission to have photos taken at school etc. A separate permission note will need to be filled out for each child. Please initial each one and sign at the bottom and return to your class teacher by Friday 20 Feb.

Spelling Mastery

Students will be involved in a new program for literacy this year called Spelling Mastery. Spelling Mastery is a six-level spelling series designed primarily for students in grades 1 through 6. Placement Test results determine the level appropriate for each student. Spelling Mastery uses specific strategies that encourage students to think their way through spelling rather than to memorise weekly spelling lists. Student work books will be paid for by the school this year and if the program proves successful then there may be a small cost to families in future years.

Voluntary School Contributions 2015

The voluntary contribution rate has stayed the same as the last few years. We will have a \$25 gift card for one lucky family who will be drawn from a hat. To be eligible please make your payment **by the end of term 1 to go into the draw for a \$25 GIFT CARD.**

- \$30 for families with 1 student (\$7.50 per term)
- \$50 for families with 2 students (\$12.50 per term)
- \$60 for families with 3 or more students (\$15 per term)



These fees are not compulsory but are very much appreciated as they are put towards purchasing much needed supplies and equipment used daily by the students of our school.

Prohibited Employment Declaration

All parents / carers who volunteer in any capacity (reading groups, canteen, P&C, driving students to and from sporting/excursions etc.) at Kearsley Public School will need to fill out a prohibited employment declaration form. These can be collected at the office or we can send one home with your child. A new form needs to be done each year, so if you filled one in last year a new one will need to be done for this year, thank you.

P&C Meetings 2015

Meetings are held the first Thursday of each month at 2pm in the school library. We would like to extend a special invitation to our new families to the school who may wish to join the P&C to attend. **The next meeting will be the AGM which will be held on Thurs 5 March.**

PBL Reward System

Positive Behaviour for Learning (PBL) Reward System

Our reward days for 2015 include the following:

- Term 1:** School disco and an ice block.
- Term 2:** Movie and popcorn supplied at school.
- Term 3:** Free lunch at school (\$4 max) with free time.
- Term 4:** PCYC and an iceblock on return to school.

To attend a term Reward Day each student must have **ONE** or more kookaburra cards, **LESS THAN two amber cards and NO red cards.**

An end of year PBL award will be given to all the students who followed our PBL system successfully for two terms or more throughout the year. A different coloured certificate will be given according to eligibility.

Gold certificate: 4 terms of good behaviour.

Silver certificate: 3 terms of good behaviour.

Bronze: 2 terms of good behaviour.

New program to promote resilience in students

We are introducing a new program called Stop, Walk and Talk. This strategy is a great systematic program which teaches students how to deal with being bullied, bothered, teased, etc at school.

The program consists of teaching students to use 3 simple and progressive steps: Indicating through words and gesture to stop, walking away if the problem continues, and finally talking to a teacher if the issue is still not resolved.

All students have been introduced to Stop, Walk and Talk in their class. Lessons will continue throughout the year.

Kearsley Canteen Roster - Term 1 2015

NSW Department of
Education & Communities

February

Mon	Tue	Wed	Thu	Fri
9 CLOSED	10 Julianne Duggan Jane Hayes	11 Colleen Coombes Davina Newell	12 Colleen Coombes Amanda Penfold	13 Melva McLennan Amanda Penfold
16 CLOSED	17 Teresa Hale Colleen Coombes	18 Colleen Coombes Wes Batey	19 Tina & Wes Batey	20 Lynne Dunncliff Amanda Vine
23 CLOSED	24 Renee Flaherty Colleen Coombes	25 Colleen Coombes Davina Newell	26 Tammy & Catherine Crane	27 Melva McLennan Amanda Penfold

March

Mon	Tue	Wed	Thu	Fri
2 CLOSED	3 Amy Archibald Vanessa Rockley	4 Linda Cunningham Chris Cunningham	5 Tina & Wes Batey	6 Amanda Vine Colleen Coombes
9 CLOSED	10 Julianne Duggan Jane Hayes	11 Colleen Coombes Davina Newell	12 Colleen Coombes Amanda Penfold	13 Melva McLennan Amanda Penfold

All volunteers who work in the school canteen, reading groups or who volunteer and are on school grounds need to pay a membership fee to be covered for insurance purposes. Please pay your \$2.00 P&C / Canteen membership to the school office ASAP. Amy Archibald is doing canteen rosters and can be contacted at amykarchibald@gmail.com for any questions regarding rosters.



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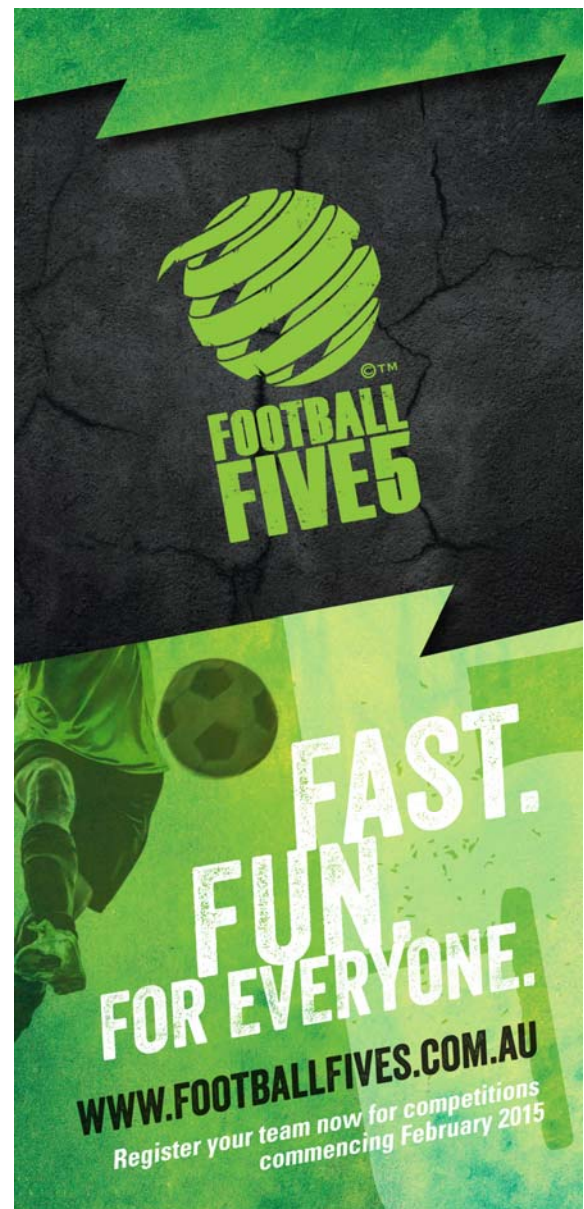


SCHOOL BANKING

Please send in bank books every Thursday for Mrs Duggan to process. Thank you. Some great prizes can be earned for regular banking!



Kearsley PS Correct Shoe Policy



 **HUNTER**
DENTAL GROUP
CESSNOCK, GREENHILLS & DUNGOG DENTAL
4990 1279 • 4934 7877 • 4992 3366



hunter dental cl. 15588.indd 1

Child Dental Benefits Schedule

An Australian Government Dental Scheme

YES WE BULK BILL!!

Families that receive Family Tax Benefit Part A or other eligible government payments can receive \$1000 basic dental treatment for children aged 2-17 years.

For eligibility phone Medicare 132 011
For appointments call us today!



11/02/14 5:21 PM

Presented by The Hunter Outreach
Program, Family Action Centre and
Cessnock Family Support Service

Free
workshop!



Bringing Up Great Kids Parenting Program

Bringing Up Great Kids is a
reflective parenting program to
support parents to review and
enhance patterns of communication
with their children.

Australian Childhood Foundation:
www.childhood.org.au

Venue: Cessnock East Public School
Date: 9th, 16th, 23rd, 30th March 2015
Time: 10am – 1pm

To express your interest, please contact:
Lesley 4921 5758
Email: Lesley.Asher@newcastle.edu.au
BOOKINGS ESSENTIAL

**Topics covered
include:**

- Messages from the Past
- The Message Centre
- Giving and receiving messages
- The Message Behaviour
- Messages about me
- Passing on messages

Morning tea will be
provided

www.newcastle.edu.au/research-and-innovation/centre/fac/about-us

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To find out more or to book into a course please contact

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Time:

Where:

For more information visit www.families.nsw.gov.au



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Want to re-enter the workforce but need to brush up on your skills first?

Come and talk with the helpful staff at
CESSNOCK TAFE, FOUNDATION SKILLS AND PATHWAYS

OUR COURSES for Semester 1, 2015:

- SEE Program (Literacy and Numeracy) – Skills for Education and Employment 10442/10443 – Free Course

This course is for Centrelink referred clients to upgrade literacy, numeracy & employment skills.

- Career Education & Employment for Women-Certificate II (CEEW) 10089 NAT

This course helps women reenter the workforce or education after a long absence. Work placement included in the course.

- Bloke's Refresher for Education and Work (BREW) 10089 NAT

This course helps men reenter the workforce or education after a long absence. Work placement included in the course.

- Tertiary Preparation-Certificate IV (TPC) 29603

This is a Year 12 equivalent course, a pathway to uni &/or employment.

- English for Speakers of Other Languages (ESOL)

This course is for people from non-English speaking backgrounds to improve English language skills for work or further study.

- Skills for Work and Training (SWAT) 10089NAT- Certificate II

This course is equivalent to a YR 10 level of skills and knowledge.



WANTED

ALL JUNIOR PLAYERS GET ACTIVE, PLAY RUGBY UNION!

The club will be conducting a registration day at
**Potters Resort, Nulkaba | Sunday
15th February 2015 3pm to 6pm.**

The cost of registration is **\$50**
per player. All ages from under 7 upwards.

TRY RUGBY FOR FREE!


Register and play the first 3 games
and if you decide to continue playing
then pay the registration fee!

For further information please call President:
Tim Murray 0415 459 033 or
Website: www.pokoiblnrugby.com or
Email: admin@pokoiblnrugby.com
Competition starts on 21st March 2015

CONTACT: Erol Engin (Acting Head Teacher Cessnock Hunter TAFE) 4993 0492



Another great workshop from
The Family Action Centre



Succeeding with Your Teens

For parents of teenagers
13–17 years

Free workshop!

Succeeding with Your Teens is for parents who are walking into the teenage phase of parenting or who are already raising teenagers. This program has a particular emphasis on developing and maintaining the parent/teen relationship.

Venue: Cessnock High School
Date: 17th, 24th Feb & 3rd March 2015
Time: 10am – 12.30pm

To express your interest, please contact:
Lesley 4921 5758
Email: Lesley.Asher@newcastle.edu.au
BOOKINGS ESSENTIAL

www.newcastle.edu.au/research-and-innovation/centre/fac/about-us

Topics covered include:

- Brain, body and identity development of the adolescent
- Impulsiveness and self-regulation
- Understanding yourself as a parent
- How to develop and maintain relationships with teens
- Strategies for dealing with emotions and behaviour






Nutrition Snippet

The simplest way

...to put healthy treats in your kid's lunch.

This delicious **Blueberry + Banana bread recipe** is fruit-filled and tasty!

Ingredients

- olive or canola oil spray
- 3 ripe bananas, peeled
- ¼ cup raw sugar (60g)
- ½ cup reduced-fat milk
- 2 eggs
- 2 cups self-raising flour
- 1 tsp ground cinnamon
- 1 cup frozen blueberries

Method

Preheat oven to 220°C and spray a 20 x 10cm loaf tin with oil - line base and sides with non-stick baking paper. Mash bananas in a large bowl. Add sugar, milk and eggs and mix with a fork until well combined. Sift flours and cinnamon on top of mixture. Mix ingredients together until just combined, taking care not to over-mix, then gently fold through blueberries. Spoon mixture into prepared loaf tin and smooth the surface. Bake for 35-40 minutes, or until a skewer comes out clean from the middle.

Hint

When cool, slice and freeze individual pieces in snap lock bags and keep for up to 3 months. Send to school as a healthy treat!

For more information visit
www.eatittobeatit.com.au
or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)







Koe-nara, Schools as Community Centre
In the grounds of Cessnock Public School
Corner of Rawson & Quarrylong Sts
Cessnock NSW 2325

T: 49909354
M: 0428 263 854

2015 Program

Term 1

Playworks

Each Monday at Koe-nara, in the grounds of Cessnock Public School from 10 to 12.
Includes Stories with Mr K, School Librarian



Each Thursday at East Cessnock Public
from 9 to 11
Music & Stories with Lyn

Morning Tea is provided for children
Tea & Coffee for the grown ups

School Banking 2015 is ready for launch.



For over 80 years, the School Banking program has been teaching Australian children lifelong money skills. This year, your child is invited to join the Dollarsmites on an intergalactic mission to Planet Savings.

Information on how students can get on board with School Banking, including a Savings Tracker and a rewards redemption card, is available from your School Banking Co-ordinator.

Your school has received parent packs that include all the information you need to get on board. If you haven't received a parent pack yet, please ask your School Banking Co-ordinator.

Rewarding good savings habits with eight new items in 2015

The School Banking program encourages good savings habits by rewarding students with awesome reward items. For every 10 deposits made through the program, they can redeem a reward from our Outer Space Savers range, including ET DVDs, Planet Handballs, Invisible Ink Martian Pens, Intergalactic Rockets, Glow-in-the-Dark Solar Systems, Cosmic Light Beam Torches, Outer Space Savers Money Boxes and Lunar Light Bands.

You could win a family trip to Disneyland

In a School Banking first, students who make 25 or more School Banking deposits in 2015 will automatically receive one entry into the competition draw to win a family trip to California's Disneyland. The prize includes return airfares, five nights accommodation, transfers and three days park entry for up to two adults and two kids, plus AUD\$2,000 spending money.

For more information, visit commbank.com.au/schoolbanking

Things to know before you Cast: Conditions apply. Promotion starts 9.00am AEST 27/1/15 and ends 11.59pm AEST 18/12/15. Entry is open to all Postcover account holders aged 5-13 years who participate in Commbank's School Banking program. Entrants under 18 must have parent/guardian consent. The draw will take place at 12.20pm AEST on 12/1/16 at the Promoter's office. The first valid entry drawn will win a family trip to California's Disneyland valued at \$22,345. The winner's name will be published in the public notices section of The Australian on 26/1/16. Promoter is Commonwealth Bank of Australia ABN 48 123 123 124 of Level 2, 11 Harbour Street, Sydney NSW 2000. Full terms and conditions available at commbank.com.au/schoolbanking NSW Permit No LTPS-14/09857, ACT Permit No RP14/04345, VIC Permit No 14/5966, SA Permit No T14/23227.



STUDENT SCHOOL BANKING

Thursdays is KPS's student banking day. Please bring your passbooks in and give them to the teacher in the morning so she can put them in the special grey satchel for your class. You will get a silver token each time you bank and at the end of term there will be a BANKING REWARDS DAY where you nominate your reward and "pay" for it with 10 silver tokens. Put these silver tokens in a safe place at home until this newsletter lets you know a rewards day is coming. PS Each bank day afternoon don't forget to ask your teacher to get your bank passbook out again so you can take it home.

