



Kearsley Public School

NEWSLETTER

"Individuals Achieving Goals Together"

Principal: Ian Lamph

FORTNIGHTLY

Thursday 19 February 2015

Issue: 2

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From The Principal's Desk

Wow! Wow! Wow! What a sensational school we have at Kearsley.

Congratulations to our swimming champions who received their medallions at last weeks assembly. This is a great achievement for you all.

Thank you to all the wonderful parents and students that have contributed to the schools future direction and ways for the school to make improvements. All these great ideas will be tabled at the next P & C meeting on 5 March at 2pm. Already some of the suggestions have been implemented such as the beautiful new high visibility jackets that the teachers are wearing so the children can identify the teacher on duty quickly.

On Tuesday, I was very fortunate to be able to take some of our Year 6 student to the high school to watch an Aboriginal cultural dance group. All the students from Kearsley had a chance to display their dance skills.

Out of uniform day during Bike Week. In Week 8 (16-20 March) the children will be able to ride their bikes during lunch and recess in the back playground provided their bike passes a safety test that consists of: brakes working, handle bar rubbers in good order, helmet in good condition and safe riding. Bikes can remain at school for the week if needed to save transporting daily. On the Friday 20 March (out of uniform– wear blue clothes) I'll be riding from home(Singleton) to raise awareness for beyondblue. Beyondblue is working to reduce the impact of anxiety, depression and suicide in the community by raising awareness and understanding, empowering people to seek help, and supporting recovery, management and resilience. Community members are welcome to join me for the ride into Kearsley. I hope to raise \$500 or more from donations towards beyondblue during the week.

I'm looking forward to the new air conditioning in the hall at this weeks assembly and how cool was the Kearsley Facts and Trivia afternoon. It was great to see our community working together. Keep up the great work, I have already started planning the questions for next weeks session Wednesday 25 February.

PLEASE NOTE: The staff car park is out of bounds to parents and students for safety reasons. Please access the school via the gates in Caledonia, Pokolbin and Allandale Streets, thank you.

Important Dates:

27 Feb	Clean Up Day
5 Mar	P&C AGM @ 2pm
11 Mar	Oz Tag Gala Day
13 Mar	Cross Country
16 Mar	Bike Week

18 Mar	Author Visit
20 Mar	Out of Uniform wear BLUE for \$2
20 Mar	Super Hero Bike Ride
2 April	Easter Hat Parade
21 April	First day Term 2

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Kookaburra Awards

Mrs Singleton	Mrs Pitt	Miss Rawlins	Miss Williams	Mrs Manderson	Mrs Trigg
Sam D	Mitch S	Seth J	Chevelle B	Jayden M	Liam O
Kirsty F	Nate R	Zac C	Rella S	Korey T	Zoe G
Evie M	Mary W	Jack F	Malakai L	Leah-Maree P	Kye B
Zarhn W	Tennielle P	Monique A	Lilly B	Hayley F	Alex K
Hudson B	Jesse P	Owen H	Ebony B	Harrison R	Rex C-R
Jett G	Luke A	Kaydence B	Jason W	Tyren C-R	Jake G
Antonio H	Clayton H	Jack B	Katlyn E	Lachlan W	Jai B
Evie S	Haimish L	Harmony L	Jackson H	Hayley F	Isabelle P

Principal's Awards

Louise D	Rex C-R
Murray M	Lilly B

Clean Up Australia Day



At 2:30pm on Friday Feb 27, as part of Clean Up Australia Day, we will be cleaning up in and around the school grounds. Senior students will be walking down to Jeffery Park to clean up our community. Could the students please bring a pair of gloves to wear for the clean up and an old plastic shopping bag to collect the rubbish in. Children will only be picking up paper litter, not anything sharp or dangerous. Parents and community members are most welcome to come along and help the students.

Swimming Carnival Age Champions

Congratulations to our swimming carnival age champions: Snr Boy Champion Adam A, Snr Girl Champion Louise D, 11yrs Boy Champion Sam A, 11yrs Girl Champion Zoe G & Gemma-Rose D, Jnr Boys Champion Rhett D & Jnr Girls Champion Jordana B. The winning house on the day was Caledonia.

Ritchies/IGA Supermarket Cessnock

Help Kearsley PS raise money simply by shopping at IGA Cessnock. Collect a card and key tag from the office and just swipe it each time you shop. NO forms to fill out they are already registered and ready to use! Last year donations to our school totalled \$133.69, these funds were put towards purchasing prizes for our Positive Behaviour for Learning reward system. If you are new to our school community or have misplaced your tag please call in to the office as every little bit helps. We really appreciate your support!



General Permission Note

A general permission note was sent home with ALL students. It gives students permission to use the internet, permission for walking excursions, permission to have photos taken at school etc. A separate permission note will need to be filled out for each child in your family. Please initial each one and sign at the bottom and return to your class teacher by Friday 20 Feb. If you have misplaced yours another one can be collected from the office.

Voluntary School Contributions 2015

The voluntary contribution rate has stayed the same as the last few years. We will have a \$25 gift card for one lucky family who will be drawn from a hat. To be eligible please make your payment **by the end of term 1 to go into the draw for a \$25 GIFT CARD.**

- \$30 for families with 1 student (\$7.50 per term)
- \$50 for families with 2 students (\$12.50 per term)
- \$60 for families with 3 or more students (\$15 per term)



These fees are not compulsory but are very much appreciated as they are put towards purchasing much needed supplies and equipment used daily by the students of our school.

Prohibited Employment Declaration

All parents / carers who volunteer in any capacity (reading groups, canteen, P&C, driving students to and from sporting/excursions etc.) at Kearsley Public School will need to fill out a prohibited employment declaration form. These can be collected at the office or we can send one home with your child. A new form needs to be done each year, so if you filled one in last year a new one will need to be done for this year, thank you.

P&C Meetings 2015 & Annual General Meeting

Meetings are held the first Thursday of each month at 2pm in the school library. We would like to extend a special invitation to our new families to the school who may wish to join the P&C to attend. **The next meeting will be the AGM which will be held on Thurs 5 March.** All positions will be vacant and elections will take place at this meeting. To be eligible to vote at the AGM you must be a financial member of the P&C. Please pay your \$2 membership fee to the office before 5 March. Our regular meeting will then take place straight after the elections.

ICAS Competitions 2015 Yrs 3 –6

Once again the University of NSW is conducting the “International Competitions and Assessments for Schools” (ICAS) for students in years 3 - 6. These are external assessments in Computer Skills, Science, Spelling, Writing, Mathematics and English. If your child wishes to enter there is a fee for each competition. It is NOT compulsory for students to enter these competitions, only if they wish to do so. You can choose which competitions you wish to enter. A detailed note will be sent home with this newsletter. The note and money for all competitions you are entering needs to be given to your class teacher by Friday 6 March.



SUBJECT	COST	SITTING DATE
Digital Technologies	\$8.80	Tuesday 19 May
Science	\$8.80	Wednesday 3 June
Writing	\$18.70	Mon 15 June– Fri 19 June
Spelling	\$12.10	Tuesday 16 June
English	\$8.80	Tuesday 28 July
Mathematics	\$8.80	Tuesday 11 August

Zone Swimming Carnival

Well done to the 11 students who attended the Cessnock Zone Swimming Carnival. Our competing students were Jack G, Louise D, Darcy B, Zoe G, Gemma D, Sam A, Rhett D, Jake G, Tamara H, Jordarna B and Izaiah W. All of the competitors were very competitive throughout the day and represented the school to a high standard with their behaviour and sportsmanship. Thank you to the parents who supported this event and congratulations to all participating students on their wonderful achievements. The thoughts on the day – “it was fun and exciting”. **Zone Competitor ribbons will be handed out to students at tomorrow’s assembly.** Mrs Graham

Kearsley Canteen Roster - Term 1 2015

NSW Department of
Education & Communities

February

Mon	Tue	Wed	Thu	Fri
16 CLOSED	17 Teresa Hale Colleen Coombes	18 Colleen Coombes	19 Tina & Wes Batey	20 Lynne Dunncliff
23 CLOSED	24 Renee Flaherty Colleen Coombes	25 Colleen Coombes Davina Newell	26 Tammy & Catherine Crane	27 Melva McLennan Amanda Penfold

March

Mon	Tue	Wed	Thu	Fri
2 CLOSED	3 Amy Archibald Vanessa Rockley	4 Linda Cunningham Chris Cunningham	5 Tina & Wes Batey	6 Amanda Vine Colleen Coombes
9 CLOSED	10 Julianne Duggan Jane Hayes	11 Colleen Coombes Davina Newell	12 Colleen Coombes Amanda Penfold	13 Melva McLennan Amanda Penfold

All volunteers who work in the school canteen, reading groups or who volunteer and are on school grounds need to pay a membership fee to be covered for insurance purposes. Please pay your \$2.00 P&C / Canteen membership to the school office ASAP. Amy Archibald is doing canteen rosters and can be contacted at amykarchibald@gmail.com for any questions regarding rosters. An invitation is extended to any new parents to our school community who would like to help out in the school canteen. If you are interested please contact Amy.



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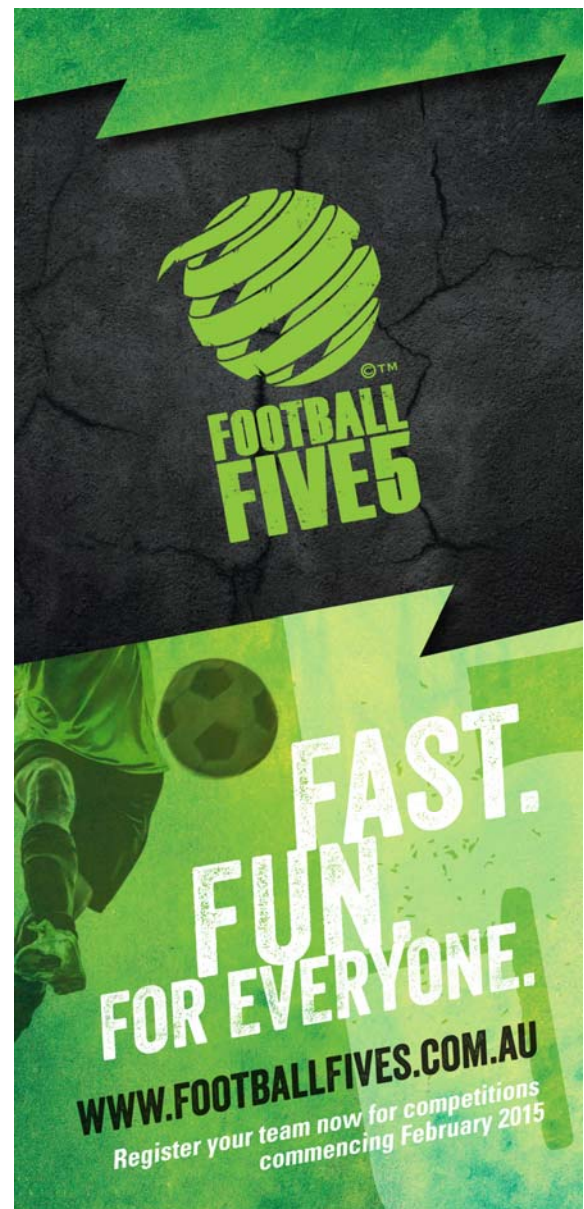


SCHOOL BANKING

Please send in bank books every Thursday for Mrs Duggan to process. Thank you. Some great prizes can be earned for regular banking!



Kearsley PS Correct Shoe Policy



 **HUNTER**
DENTAL GROUP
CESSNOCK, GREENHILLS & DUNGOG DENTAL
4990 1279 • 4934 7877 • 4992 3366



hunter dental cl. 15588.indd 1

Child Dental Benefits Schedule

An Australian Government Dental Scheme

YES WE BULK BILL!!

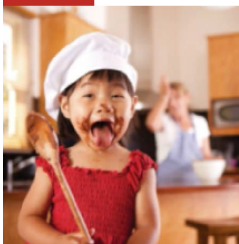
Families that receive Family Tax Benefit Part A or other eligible government payments can receive \$1000 basic dental treatment for children aged 2-17 years.

For eligibility phone Medicare 132 011
For appointments call us today!



11/02/14 5:21 PM

Presented by The Hunter Outreach Program, Family Action Centre and Cessnock Family Support Service



Bringing Up Great Kids Parenting Program

Bringing Up Great Kids is a reflective parenting program to support parents to review and enhance patterns of communication with their children.

Australian Childhood Foundation:
www.childhood.org.au

Venue: Cessnock East Public School
Date: 9th, 16th, 23rd, 30th March 2015
Time: 10am – 1pm

To express your interest, please contact:
Lesley 4921 5758
Email: Lesley.Asher@newcastle.edu.au
BOOKINGS ESSENTIAL

www.newcastle.edu.au/research-and-innovation/centre/fac/about-us

Presented with the support of:



Human Services



Another great workshop from The Family Action Centre



Succeeding with Your Teens

For parents of teenagers 13–17 years

Succeeding with Your Teens is for parents who are walking into the teenage phase of parenting or who are already raising teenagers. This program has a particular emphasis on developing and maintaining the parent/teen relationship.

Venue: Cessnock High School
Date: 17th, 24th Feb & 3rd March 2015
Time: 10am – 12.30pm

To express your interest, please contact:
Lesley 4921 5758
Email: Lesley.Asher@newcastle.edu.au
BOOKINGS ESSENTIAL

Topics covered include:

- Brain, body and identity development of the adolescent
- Impulsiveness and self-regulation
- Understanding yourself as a parent
- How to develop and maintain relationships with teens
- Strategies for dealing with emotions and behaviour

www.newcastle.edu.au/research-and-innovation/centre/fac/about-us

Presented with the support of:



CESSNOCK CITY

WOMEN'S SOCCER



U/6 to U/10 girls wanted for a **Saturday** morning competition.

U/11 to U/18 and all ages girls wanted for a **Sunday** competition.

Call Kenny Gallen on 4990 9863 or 0422 195 345

OR Robyn Larsen on 0411 560 351 for registration details

We are also looking for coaches and managers for all age groups

Maitland District Hockey Club 2015 Junior Teams

As Maitland's premier Hockey Club, we are looking for kids to fill our teams that we are entering in the U13 and U16 competitions played in Newcastle. The main focus of the club is improvement and enjoyment. We don't concentrate on winning and losing, but we do encourage participation and involvement. Games are played in Newcastle and training takes place in Maitland. We have 2 of the best coaches that will teach all the skills required in a fun, relaxed environment. If you would like more information about joining a club that focuses on improvement and having a good time then please don't hesitate to get in contact with me

Glen Meehan– 0400311683
or at
Gmeehan@subzeroservices.com.au



Junior Creative Writing will be kicking off again this month at both libraries – this free activity takes place between 4 and 5 pm on the last Tuesday of the month at Kurri Kurri Library and the last Wednesday of the month at Cessnock Library. If you're aged between 10 and 16, and have an interest in writing, come along to our monthly meetings and explore new ways of unlocking your imagination and releasing the storyteller within!

Contact Karen at Kurri Kurri Library on 49371638, email Karen.bruce@cessnock.nsw.gov.au, or Sandy at Cessnock Library on 49934384, email Sandra.ryan@cessnock.nsw.gov.au for more information or to register.



Helping your Kindy child succeed at school

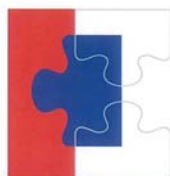
A great way to kick off your child's formal education is to understand the school culture and what your child is doing in the classroom.

Find out more: <http://www.schoolatoz.nsw.edu.au/wellbeing/development/helping-kindy-kids-succeed-at-school>

Speech problems

All kids learn how to talk and listen at different rates but did you know there's a general pattern to your child's language development?

Find out more: <http://www.schoolatoz.nsw.edu.au/wellbeing/health/speech-problems>



Strive
For Autism Inc.

Families Supporting Families Coping with Autism

It is our aim to:

- ▲ Support and inform parents and families who are new to the world of Autism
- ▲ Provide ongoing support to parents and families
- ▲ Sharing strategies and ideas
- ▲ Lobby for Autism Services in the Lower Hunter
- ▲ Raise funds for Autism Services in the Lower Hunter
- ▲ Inform the greater Community about Autism Spectrum Disorder.

Strive Group meets 2nd Tuesday of each month. Excluding school holidays

Where: Koe-nara Building (Cessnock Primary School)
Corner Quarrobbelong & Rawson Streets, Cessnock

Time: 6:30 - 8:30pm

Website: www.striveforautism.org.au

Email: info@striveforautism.org.au



info@striveforautism.org.au www.striveforautism.org.au

Postal Address: 101 Vincent St, Cessnock NSW 2325



Nutrition Snippet

The simplest way

...to make a healthy breakfast.

We recommend eating two serves of fruit and five serves of vegetable every day.

Why? Because fruit and veg are packed full of nutrients and vitamins that give you energy, keep you healthy and help prevent diseases like cancer.

Try to get your family eating fruit and veg with breakfast – it will help all of you have more energy throughout the day.

You might like:

- wholegrain toast with avocado and tomato
- sliced banana on Weetbix
- frozen berries blended with reduced-fat milk and yoghurt for a smoothie
- eggs served with cooked vegies – tomato, mushrooms and spinach.

Remember: try to eat fruit + veg at every meal!



For more information visit
www.eatittobeatit.com.au
or join us at [facebook.com/eatittobeatit](https://www.facebook.com/eatittobeatit)



Want to re-enter the workforce but need to brush up on your skills first?

Come and talk with the helpful staff at

CESSNOCK TAFE, FOUNDATION SKILLS AND PATHWAYS

OUR COURSES for Semester 1, 2015:

- SEE Program (Literacy and Numeracy) – Skills for Education and Employment 10442/10443 – Free Course

This course is for Centrelink referred clients to upgrade literacy, numeracy & employment skills.

- Career Education & Employment for Women-Certificate II (CEEW) 10089 NAT

This course helps women reenter the workforce or education after a long absence. Work placement included in the course.

- Blake's Refresher for Education and Work (BREW) 10089 NAT

This course helps men reenter the workforce or education after a long absence. Work placement included in the course.

- Tertiary Preparation-Certificate IV (TPC) 29603

This is a Year 12 equivalent course, a pathway to uni &/or employment.

- English for Speakers of Other Languages (ESOL)

This course is for people from non-English speaking backgrounds to improve English language skills for work or further study.

- Skills for Work and Training (SWAT) 10089NAT- Certificate II

This course is equivalent to a YR 10 level of skills and knowledge.

CONTACT: Erol Engin (Acting Head Teacher Cessnock Hunter TAFE) 4993 0492



Koe-nara, Schools as Community Centre
In the grounds of Cessnock Public School
Corner of Rawson & Quarrybylong Sts
Cessnock NSW 2325

T: 49909354
M: 0428 263 854

2015 Program

Term 1

Playworks

Each Monday at Koe-nara, in the grounds of Cessnock
Public School from 10 to 12.
Includes Stories with Mr K, School Librarian



Each Thursday at East Cessnock Public
from 9 to 11
Music & Stories with Lyn

Morning Tea is provided for children
Tea & Coffee for the grown ups

School Banking 2015 is ready for launch.



For over 80 years, the School Banking program has been teaching Australian children lifelong money skills. This year, your child is invited to join the Dollarsmites on an intergalactic mission to Planet Savings.

Information on how students can get on board with School Banking, including a Savings Tracker and a rewards redemption card, is available from your School Banking Co-ordinator.

Your school has received parent packs that include all the information you need to get on board. If you haven't received a parent pack yet, please ask your School Banking Co-ordinator.

Rewarding good savings habits with eight new items in 2015

The School Banking program encourages good savings habits by rewarding students with awesome reward items. For every 10 deposits made through the program, they can redeem a reward from our Outer Space Savers range, including ET DVDs, Planet Handballs, Invisible Ink Martian Pens, Intergalactic Rockets, Glow-in-the-Dark Solar Systems, Cosmic Light Beam Torches, Outer Space Savers Money Boxes and Lunar Light Bands.

You could win a family trip to Disneyland

In a School Banking first, students who make 25 or more School Banking deposits in 2015 will automatically receive one entry into the competition draw to win a family trip to California's Disneyland. The prize includes return airfares, five nights accommodation, transfers and three days park entry for up to two adults and two kids, plus AUD\$2,000 spending money.

For more information, visit commbank.com.au/schoolbanking

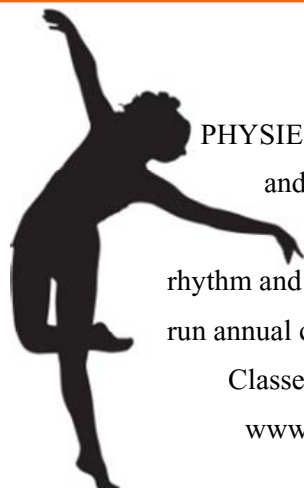
Things to know before you Cast: Conditions apply. Promotion starts 9.00am AEST 27/1/15 and ends 11.59pm AEST 18/12/15. Entry is open to all Postcover account holders aged 5-13 years who participate in CommBank's School Banking program. Entries under 18 must have parent/guardian consent. The draw will take place at 12.20pm AEST on 12/1/16 at the Promoter's office. The first valid entry drawn will win a family trip to California's Disneyland valued at \$22,345. The winner's name will be published in the public notices section of The Australian on 26/1/16. Promoter is Commonwealth Bank of Australia ABN 48 123 123 124 of Level 2, 11 Harbour Street, Sydney NSW 2000. Full terms and conditions available at commbank.com.au/schoolbanking NSW Permit No LTPS-14/09857, ACT Permit No RP14/04345, VIC Permit No 14/5966, SA Permit No T14/2227.



STUDENT SCHOOL BANKING

Thursdays is KPS's student banking day. Please bring your passbooks in and give them to the teacher in the morning so she can put them in the special grey satchel for your class. You will get a silver token each time you bank and at the end of term there will be a BANKING REWARDS DAY where you nominate your reward and "pay" for it with 10 silver tokens. Put these silver tokens in a safe place at home until this newsletter lets you know a rewards day is coming. PS Each bank day afternoon don't forget to ask your teacher to get your bank passbook out again so you can take it home.

Hunter Valley Physie Club



PHYSIE develops good posture, strength, fitness, flexibility, co-ordination and balance through dance. Our national choreography curriculum is age-appropriately designed to teach the relationship of music to movement, rhythm and musical interpretation. We provide a new syllabus and music every year and run annual competitions for teams and individuals.

Classes for girls 2yrs - Ladies. Branxton, Maitland & Singleton. Check us out at www.huntervalleyphysie.webs.com or email huntervalleyphysie@gmail.com