

# Kearsley Public School

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Website: [www.kearsley-p.schools.nsw.edu.au/](http://www.kearsley-p.schools.nsw.edu.au/)

Principal: Mrs Melissa Trigg



ISSUE 7 TERM 2 WEEK 3

Thursday 17 May 2018

## IMPORTANT DATES

### TERM 2

#### WEEK 3

18 May—Walk Safely to School Day

#### WEEK 6

4—5 June—Life Education Van—Healthy Harold

6 June—CHS Yr 7 2019 Year Advisor visit @ KPS

7 June—Responsible Pet Owners Show K-2

#### WEEK 7

11 June—Public Holiday

15 June—Athletics Carnival

#### WEEK 10

2—3 July—Myuna Bay Camp Yr 3 & 4

4 July—NAIDOC Day Workshops

6 July—NAIDOC Cup

6 July—Last day of Term 2

## Mother's Day Afternoon Tea

It was fantastic to see so many visitors at our school for the Mother's Day celebration. We hope you all enjoyed the afternoon and had a wonderful Mother's Day. Thanks to all the staff for supplying the afternoon tea and to Mrs Power for organising the event.

## Mum's Day Off

Many of our students enjoyed the special 'mum's day off' lunch order on Monday.

A big thanks to our hardworking canteen volunteers Samantha, Rochelle and Miranda who helped make sure all orders were ready for everyone on the day.

## NAPLAN

Our Year 3 and 5 students have completed NAPLAN testing this week. All students should be very proud of their persistence and efforts during the tests. Thanks to staff who helped support students during the tests and helping with providing breakfast in the mornings. Results of the tests will be sent home later in the year.



### Kookaburra Awards

Mrs Pitt/ Mrs Stipack	Mr McLoughlin	Mr Folpp / Miss Rawlins
Jack D	Syd P, Gracie B, Cooper A	Imogen F
Hannah C	Joseph G, Selene H, Imogen F	Charlie S

### Deputy Principal Awards

Zach K	Xavier N
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### Assistant Principal Awards

Sage H	Kiahna R
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## P&C Pie Drive

The P&C are running a THOMPSON'S PIE DRIVE as their major fundraiser for Term 2 – the perfect opportunity to stock the fridge and freezer with some school holiday treats. All of these products are baked daily and all items except the custard based products (i.e. custard tarts/vanilla slice) can be frozen for up to 6 months.

Important dates to note are:

- ORDER FORMS AND MONEY ARE DUE BY 3PM ON MONDAY 25TH JUNE 2018 ...(No late orders can be accepted after this date as an order has to be submitted to Thompson's).
- PIE DELIVERY DATE IS THURSDAY 5TH JULY 2018. Orders can be collected from the school hall between 2pm and 3pm.

Profits made from this fundraiser will be used to continue to reduce school excursion costs for all students and put towards other extras at the school for the students. Although not compulsory, we do appreciate your time and efforts to help fundraise for your children and their school. We thank you in advance for your amazing support of our great little school. Kearsley Public School P&C Association.



## Kinder 2019 Enrolments

Enrolments are now being accepted for our 2019 Kindergarten intake. Please drop in to the office and complete a pre enrolment details form if your child turns 5 by 31 July 2019. You will also be required to show proof of your child's date of birth (usually birth certificate) and your usual place of residence. A council rates notice or rental agreement in addition to a utilities account (electricity, water or telephone) suffice as proof of usual residence. Please phone the school for further details if required.



## JP Services—Nicole Wadsworth

One of our parents, Nicole Wadsworth, has kindly donated her services as a Justice of the Peace. If you have documents that need signing please contact her on her mobile on 0401245521.





## WE'RE TAKING IT IN OUR STRIDE ON FRIDAY 18 MAY 2018

Well it's that time of year again when our school seriously starts talking about walking! Walk Safely to School Day asks that we all consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around. Although walking all the way to school isn't realistic for many of us, it's quite easy to figure out how you can build a walk into your family's daily routine. You can teach your child the healthy habit of walking more by:

- Walking with them the whole way to school
- If they get the bus or train, walk past your usual stop and get on at the next stop
- If you have to drive, park the car a few blocks away from the school and walk the rest of the way.

Regular exercise like walking with your child not only helps them (and you!) beat chronic problems like obesity, heart disease, behavioural and mental health issues and diabetes. It also gives you a great opportunity to teach your child safe ways to behave around roads and traffic. Remember, active kids are healthy kids so get planning your own Walk Safely to School Day journey for Friday 18 May 2018! For more information, visit [www.walk.com.au](http://www.walk.com.au)

## Attendance

The Department of Education requires staff to record all absences, whole day or partial. After an absence a note must be sent within a week to school and be signed and dated by parents. Notes must state the date of the absence and the reason for the absence. A Home School Liaison Officer (HSLO) examines school records regularly and follows up unexplained absences. Absences are recorded on pupil reports. The school should be contacted if your child is going to be away for two days or more. For absences of more than fifteen school days, where you are taking your child out of school for reasons such as a family emergency, visiting family overseas or having a family holiday, a letter to the school explaining the absence before the trip is required.

It is important that children arrive at school in time to commence the day's activities. This enables them to be well prepared for the day and doesn't disrupt the learning of others. All parents/caregivers must ensure that their children arrive at school on time. All children should be lined up in their class lines when the bell rings at 9:05am. Important information is provided to students each morning at lines. Parents bringing children to school after the commencement of the teaching program are asked to go via the office and fill in a late pass, which is then handed to the classroom teacher. This will ensure that your child is not marked absent. If an occasion occurs when you need to take your child early, it is required that you notify the child's teacher and sign the child out at the office before collecting your child. NB: If a person other than a parent is calling for the child, the school must be notified prior to collection and a form of ID must be produced by the person collecting your child. If an emergency arises, a telephone call from the parent to the school prior to collection of the child will be acceptable.

## Lost Property

As the weather begins to cool down in the mornings students are wearing their jackets/jumpers to school and taking them off as it warms up at lunchtime. Please mark all items of clothing clearly so it can be returned to students when found. There is a lost property box in the hallway outside the office and parents are welcome to check for lost items there.

## P&C News

Thank you to everyone who supported the Mother's Day Stall last Thursday. I hope all the mums, nannas and grandmas loved their little gifts and had a wonderful day.

The canteen held their special lunch order day on Monday and it was a great success. I hope the mums enjoyed not having to make lunches on Sunday night!

While I am thanking our supportive community, I would also like to take the time to thank our wonderful volunteers who make sure these days run smoothly for our children. Without volunteers, our school wouldn't have a P&C or a canteen open 5 days a week.

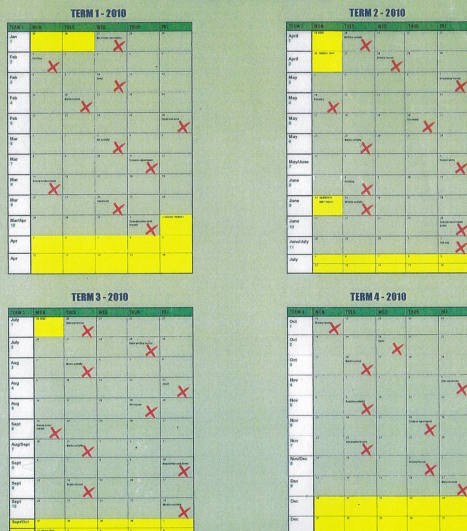


Our school shirts and school jackets can be pre-ordered with payment through the canteen (correct money would be appreciated) on Monday and Wednesday mornings between 9am – 10am. Our shirt price is \$23, while our jacket price is \$34. School winter beanies can also be ordered with payment through the canteen. Our beanies are \$10. With winter fast approaching, now is the time to get your jacket and beanie orders in.

Our next P&C meeting will be held on Thursday 7 June 2018, at 1.30pm in the school library. Hope to see you all there.

## GO GO GO for 0!

0 days away



### MISSED SCHOOL = MISSED LEARNING

Miss 1 day each week = 1 Term each year  
= 1 ½ years by the end of Yr 6  
= 2 ¾ years by the end of Yr 12

It's not OK to be away!

## Book Club LOOP

LOOP is the Scholastic Book Club  
Linked Online Ordering & Payment platform.

It's easy to order and pay online for your child's Book Club order using your credit card. If your school is not yet in the LOOP, speak with your school's Book Club Organiser.

Head to [scholastic.com.au/LOOP](http://scholastic.com.au/LOOP)

or  Download on the App Store  GET IT ON Google play

Follow these **easy** steps!

- 1 Simply grab your child's Book Club catalogue and either **SIGN-IN** or **REGISTER** your account.
- 2 Add your child's first name and last initial (so the school knows who the book is for), then select your **SCHOOL** and your **CHILD'S CLASS**.  
Note: You can order for multiple children at once if they attend the same school.

Looking for **MORE** product information? Additional content such as videos and downloads are available for select titles. Select your issue and enter the item number to view information on titles and some great resources, such as videos and reviews.

[HOME](#) | [ABOUT](#) | [REGISTER](#) | [HELP](#)    
LOOKING FOR MORE PRODUCT INFORMATION?  [FIND](#)

- 3 Click on **ORDER** and enter the item number from the Book Club catalogue.
- 4 All orders are linked directly to the school for submission to Scholastic. Books will still be delivered to your child's classroom if you order by the close date.

*That's it!* There's no need to return paper order forms or payment receipt details to your school.

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## KEARSLEY PUBLIC SCHOOL – STUDENT ABSENTEE NOTE

Please feel free to use this form when your child is either **LATE** or **ABSENT** from school



Student's Name : \_\_\_\_\_

Year (Please circle): K 1 2 3/4 4/5 5/6

Date/s Absent (Include all dates) : \_\_\_\_\_

Reason for Absence (Please indicate reasons for absences to enable the student's record to be altered accordingly) :

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Parent/Guardian Signature : \_\_\_\_\_

Date: \_\_\_\_\_

✍

**Kearsley Canteen Roster 2018****May**

Mon	Tue	Wed	Thu	Fri
21 Rochelle Brady Allison Powell	22 Julianne Cripps Clark Wes Batey	23 Rochelle Brady Miranda Delaney	24 Kayla Power Colleen Coombes	25 Jane Apthorpe Larissa King
28 Rochelle Brady <b>HELP NEEDED</b>	29 Sarah Currey Catherine Crane	30 Rochelle Brady <b>HELP NEEDED</b>	31 Ann Stanley Karen White	<b>1 JUNE</b> Sarah Currey Catherine Crane

**June**

Mon	Tue	Wed	Thu	Fri
4 Rochelle Brady Simone Goman	5 Tammy Crane Ann Stanley	6 Rochelle Brady Sammi Edwards	7 Karieanne Clifford <b>HELP NEEDED</b>	8 Rochelle Brady Miranda Delaney
11 <b>PUBLIC HOLIDAY</b>	12 Tammy Crane Ann Stanley	13 Rochelle Brady Wes Batey	14 Miranda Delaney Bee Scarborough	15 Karieanne Clifford Larissa King

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4991 4122 or 0417 411 967**

All volunteers who work in the school canteen, reading groups or who volunteer and are on school grounds need to pay a membership fee to be covered for insurance purposes. Please pay your \$2.00 P&C / Canteen membership to the school office ASAP. A prohibited employment declaration form needs to be filled in as well as providing 100 points of ID. These can be collected at the office or one can be sent home with your child. Amy Archibald is doing canteen rosters and can be contacted on 0431891776 for any questions regarding rosters. If you are unable to make your canteen day please contact the person you are doing canteen with to let them know you can't make it and try to find your own replacement. Thank you!

**SCHOOL BANKING**

Please send in bank books every Thursday for Ms Crane to process. Some great prizes can be earned for regular banking! Thank you.





- ▶ With every successful sale through our office we will be giving Vendors the opportunity to go into a draw to give back to the community!
- ▶ On the last day of every school quarter of 2018, we will announce the winning School and/or Sporting Team chosen by the Vendor drawn.

**For your chance to donate \$1,000 to your choice of School or Sporting Team, or both, contact our Sales team today!\***

**Call our Sales team on 4991 7977** \* Conditions Apply - see [bairdrealstate.com.au](http://bairdrealstate.com.au) for terms & conditions.

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## "HARMONY & PLAY" MUSIC PLAYGROUPO

TIME: 9.30-11.30am

WHEN: FIRST TUESDAY IN EACH  
MONTH NEXT ONE 5/6/18

WHERE: CYCOS Youth Centre 49D  
Aberdare Rd Cessnock NSW 2325

"Harmony and Play" is a new exciting  
playgroup that is for all families in the  
community.

*Our main focus is to develop your child's love of music. Through music, children take an inner experience and move it into a shared creative experience. Group music-making releases energy which can be channeled in creative, productive directions. Children learn about themselves and others by playing music together and by listening to each other.*

*We also offer other play activities for the children to enjoy after music time.*

Develop your child's  
love of music and  
rhythm

Make new friends

Listen to our  
informative guest  
speakers

Enjoy the morning  
tea provided

No cost involved

FOR FURTHER  
INFORMATION CONTACT  
GOODSTART EARLY  
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58 Aberdare Road  
Cessnock 2325 NSW

0249909929

Email:  
[ces@goodstart.org.au](mailto:ces@goodstart.org.au)



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**FRIDAY 18 MAY 2018**  
**WALK.COM.AU**





Nutrition Snippet

## The simplest way

...to make sandwiches more exciting!

Making small changes to lunches can make a big difference to the overall nutritional value and make them more exciting for your kids to eat. Here are our top tips:

Try different breads – wholemeal, wholegrain, rye, soy and linseed, sourdough, rolls, pita, Lebanese or Turkish.

Try a variety of different fillings – vegetarian, lean meat or fish. Combine the following tasty sandwich fillings and spreads:

- Salad.
- Vegetables – lightly grilled or roasted.
- Lean meat e.g. roast beef, lean skinless chicken breast or turkey.
- Fish - tinned tuna, salmon or sardines (in springwater or brine).
- Tabouli.
- Egg.
- Tasty cheese.
- Banana.
- Healthy spreads e.g. avocado, hummus, mayonnaise, cottage or cream cheese, mustard, chutney, pesto or salsa.



Visit [healthylunchbox.com.au](http://healthylunchbox.com.au) for recipes & information you can trust.

**Eat It To Beat It**



Nutrition Snippet

## The simplest way

...to stock lunch box basics.

Stocking the fridge, freezer and pantry with lunch box staples really helps with preparing quick and easy healthy lunches. It can also help save time during the morning rush!



Suggested lunch box staples include:

- Dried fruit – apricots, banana chips, currants, sultanas, raisins, dates
- Canned fruit in natural juice
- Baked beans
- Canned cannellini beans, chickpeas and lentils
- Pepitas
- Canned tuna or salmon
- Cheese block – cut into cubes or slices.
- Wholegrain crackers
- Crispbread or corn thins;
- Long-life milk poppers;
- Cottage cheese
- Hummus
- Natural yoghurt tubs
- Boiled eggs
- Healthy baked snacks from the freezer
- Wholegrain pasta
- Wholegrain/wholemeal bread and wraps.

For more information visit [www.eatittobeatit.com.au](http://www.eatittobeatit.com.au) or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)

**Eat It To Beat It**

## Good for Kids good for life

### USING PHYSICAL ACTIVITY AS A REWARD

We all like to treat our kids with rewards when they have completed a task at home or have performed well in school.

Here are some ideas on how to incorporate physical activity into your rewards:

- Visit a park that your child loves to go to.
- Instead of buying a food reward why not get some new sports equipment for home, such as a skipping rope or basketball?
- Plan a special trip to an indoor park.
- Go on a family bike ride and pack a special morning tea.
- Invite their friends over for a play in the backyard.



PHONE 49246299

## Good for Kids good for life

### WASTE-FREE LUNCHES

When packing your child's lunchbox it's important to think about nutrition, but we can also look after the environment too!

Waste-free means only packing items that can be recycled or composted. That means no plastic wrap, no foil, no zip lock bags and no packaged foods.



Here are some ideas for packing a waste-free lunch:

- Invest in some small containers or a lunchbox with a variety of compartments.
- Use paper bags as they can be recycled.
- Use a reusable bottle for water and milk.
- Buy in bulk and transfer into smaller reusable containers for food like yoghurt and rice crackers.



PHONE 49246299