

# Kearsley Public School

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Website: <https://kearsley-p.schools.nsw.gov.au>

Principal: Mrs Melissa Trigg



ISSUE 16 TERM 4 WEEK 1

Thursday 17 October 2019

## IMPORTANT DATES

### TERM 4

#### Week 2

21-23 Oct— School Dentist Visit, FREE for ALL students

23 Oct— Deadly Cooking

24 Oct—Kinder O—2pm

25 Oct—Grandparent's Day

#### Week 3

28 Oct—1 Nov— Swim School

29 Oct—Regional Tennis

30 Oct— Deadly Cooking

#### Week 4

4-8 Nov— Swim School

6 Nov—Deadly Cooking

7-8 Nov—Year 3 & 4 Sydney Excursion

#### Week 5

13 Nov—Deadly Cooking

#### Week 6

19 Nov— Science & Engineering Challenge

20 Nov—Deadly Cooking

21 Nov—2020 School Leadership Speeches & Voting 9:20am

22 Nov—2020 House Captains Voting

## Movie Night

We hope that everyone had a wonderful family evening at the end of last term with students and families enjoying jumping castles, go-carts and watching a movie together. Thank you to everyone who came along on the night and supported our school.



## Crazy Day

Our Student Representative Council held their 'Crazy Day' fundraiser at the end of last term. Students looked fantastic with their 'crazy' hair and outfits. The day raised \$120 which the students will vote on how to spend at their next meeting. Thanks to Mrs Pitt for organising the day.



## Purple Day

A massive thank you to our community for supporting the local Relay for Life team—Le Krasey Krew. With the profits from the special lunch orders, the donations from students and the purchasing of cup cakes, we raised \$640.50. What an outstanding effort!





### Kookaburra Awards

Mrs Manderson	Mrs Graham	Mrs Stipack	Mrs Power	Miss Reid	Mr Carter	Mrs Pitt Mrs Jackson
Skylah B	Maeve A	Jony C	Isla A	Maddi M	Seth J	Evie M
Kyle A	Rubin W	Jessica O	Imogen F	Evie S	Gavin F	Sage H
Savannah D	Kiarntae W	Broddie P	Levi H	Kirsty F	Nate R	Joel F
Hector S	Heath B	Armani P	Syd P	Clare C	Izzi K	Ellie S, Klay W

### Deputy Principal Awards

Gavin F	Klay W
Ella B	Hannah C

### Principal Awards

Skylah B	Ella B
Dominic L	Haimish L
Luke A	

### Kinder Orientation

Term 4 Kinder Orientation days are on Thursday afternoons as follows: October 17 & 24, between 2pm and 3.05pm. If you know anyone who has not yet enrolled please encourage them to do so.



### Interrelate & Healthy Harold

On 27 November Yr 6 will be participating in a full day workshop with the presenters from Interrelate. The program focusses on how to acknowledge personal differences and promote respect for, and acceptance of others, increase awareness of personal safety and protective behaviours, develop students understanding of physical development at puberty and provide strategies for managing these changes.

The whole school will be visiting Healthy Harold and will cover a range of topics including: Harold's Friendship, Ready Steady Go, Safety Rules, Bcyberwise and Relate, Respect, Connect. We are one of the lucky schools who have been chosen to have Healthy Harold visit for FREE!

### Book Club

Book club order forms were sent home earlier in the week. If you would like to order gifts to put aside for Christmas please write on the order "CHRISTMAS GIFTS" and Mrs Reed will keep these separate for you. Money and orders will need to be finalised by Thursday 31 October.



Buy a book from **SCHOLASTIC** **Book Club** to help build our classroom resources

orders are due: **31 October 2019**



## Swimming School

Students in Year 2,3 and 4 will be participating in this 10 day Intensive Swimming program with spaces left over offered to selected students who are non swimmers. The program commences on Monday 28 October and runs until Friday 8 November, weeks 3 and 4. As our Year 3-4 camp falls on the 7 and 8 November, Year 3 and 4 will not be required to attend on these last 2 days of swim school. The total cost (\$63 per student) will be paid for by the school and the Sporting Schools Program, a bus will be used to transport the children. Students will need to bring swimmers, towel, dry underwear, sunscreen, a plastic bag for wet clothing and a hair brush or comb each day. Please make sure all belongings are clearly labelled with your child's name as we are not the only school using the facilities. Permission notes were sent home earlier this week to participating students.

## Grandparent's Day

Kearsley Public School will celebrate Grandparent's Day on Friday 25 October 2019. Grandparents are invited to visit classrooms, bring some recess to share with their grandchildren or purchase from the P & C cake stall and stay for our special whole school assembly. Classroom visits will be from 1.30pm followed by recess at 2pm. Our special whole school assembly will commence at 2.30pm. We look forward to seeing lots of Grandparents on this special day.

## Sydney Excursion Update

The Years 3 & 4 excursion to Sydney is just 3 weeks away. The total cost of the excursion is \$120 and must be paid in full by Friday 1 November. A \$50 deposit was required by the end of last term and is now overdue if you haven't already paid this. The balance may be paid now, or in weekly instalments or in 2 instalments as follows:

Instalment 1—\$40 due by TOMORROW

Final Instalment—\$40 due by Friday 1 November 2019

Thanks must be given to the P and C who have kindly donated \$1500 to cover the cost of the bus for all students. This has considerably reduced the cost of the excursion.

\*\*\*Medical, food allergy and permission notes were sent home this week with students and need to be returned by TOMORROW.

\*\*\*Student assistance is available for all families. If you wish to utilise this please see Mrs Weekes to collect a form as soon as possible.

## School Uniform Reminder

A number of students are frequently coming to school wearing non uniform jumpers, pants or shoes. Please remember good quality second hand items are available from our clothing pool for a gold coin donation.

The weather is starting to warm up and students are taking jumpers/jackets off when they are too hot. We have an abundance of student belongings in the lost property tub near the office. Please ask your child to check the tub for any lost property.

Summer		Winter	
Boys	Girls	Boys	Girls
<ul style="list-style-type: none"> <li>• School Polo</li> <li>• Navy Shorts</li> <li>• White Socks</li> <li>• Black Shoes</li> <li>• School Hat</li> </ul>	<ul style="list-style-type: none"> <li>• School Polo</li> <li>• Navy Skort or Shorts</li> <li>• White Socks</li> <li>• Black Shoes</li> <li>• School Hat</li> </ul>	<ul style="list-style-type: none"> <li>• School Polo</li> <li>• School Jacket or Navy Jumper</li> <li>• Navy Shorts/Long Pants</li> <li>• White Socks</li> <li>• Black Shoes</li> <li>• School Hat or beanie</li> </ul>	<ul style="list-style-type: none"> <li>• School Polo</li> <li>• School Jacket or Navy Jumper</li> <li>• Navy Skort with Navy Stockings or Long Pants</li> <li>• White Socks</li> <li>• Black Shoes</li> <li>• School Hat or beanie</li> </ul>

**\* PLEASE NOTE:** bike shorts, tights and hoodies **are not** school uniform so please **DO NOT** send your children to school wearing them. Thank you for your support in this matter.



## P&C News





Welcome back to Term 4.

Grandparents Day is next Friday 25th October and the P&C will be running a cake stall and we are asking families to donate baked goods to sell, if you can help please drop any donations off to the canteen before 11.30am on the day. We have started to sell our Christmas school raffle tickets if you would like to buy/sell tickets and would like a book sent home please contact the office. The Raffle will be drawn at the Presentation day on Thursday the 28th November. With only 10 weeks of 2019 to go please start to think about any uniforms that you need to order for 2020 as the cut off for ordering these will be the end of November, our school shirts and school jackets can still be pre-ordered with payment through the canteen (correct money would be appreciated) on Monday and Wednesday mornings between 9am – 10am. Our shirt price is \$23, while our jacket price is \$34. School winter beanies can also be ordered with payment through the canteen. Our beanies are \$10. Our next P&C meeting will take place on Thursday 7th November at 1.30pm in the school library, there is not one for October due to school holidays. Please come along. It's a great opportunity to find out what is actually happening within your child's school and to have some input into what you would like to see taking place. Everyone is welcome.

### P&C UNIFORM SHOP

**AVAILABLE FROM THE CANTEEN**

Pre-order with Payment  
Order Forms at Canteen  
(Correct money appreciated)

Shirts - \$23	Jackets - \$34
	
Hats - \$14	Beanies - \$10
	



SunSmart Snippet

## The simplest way

... to apply sunscreen correctly.

Sunscreen protects against the damaging effects of the sun by reducing the amount of ultraviolet (UV) rays that reach the skin.



### Make sunscreen a habit:

- Use SPF 30 or higher, broad spectrum water-resistant sunscreen
- Apply 20 minutes before going outside
- Re-apply every 2 hours (or after any activity that may remove it)

Sunscreen does not block UV radiation and no sunscreen provides 100% protection. Remember to use SunSmart hats, clothing, sunglasses and seek out shade.

To help keep your kids safe in the sun, check your schools SunSmart status by heading to [www.sunsmartnsw.com.au](http://www.sunsmartnsw.com.au)



Nutrition Snippet

## The simplest way

... to use spring vegetables.

Fruit and vegetables are tastiest and cheapest when they are in season.



During Spring, mandarins, pineapples, berries, asparagus, cucumber, green beans, zucchini, mushrooms and peas are all in season.

Here are some fruit and veg filled, spring ideas:

- [Green frittata](#)
- [Fattoush salad](#)
- [Moroccan lentil salad](#)
- [Tofu Korma](#)
- [Zucchini and turmeric salmon patties](#)
- [Healthy banana split pots](#)
- [Yoghurt rice pudding](#)
- [Frozen fruit puree](#)

[healthylunchbox.com.au](http://healthylunchbox.com.au)



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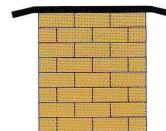
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## Kearsley Canteen Roster 2019 October

Mon	Tue	Wed	Thu	Fri
21 <b>CLOSED</b>	22 Bee Scarborough Ann Stanley	23 Rochelle Brady Sammi Edwards	24 Karieanne Clifford Matthew Yapp	25 Sammi Edwards <b>HELP NEEDED</b>
28 <b>CLOSED</b>	29 Ann Stanley Tania Smith	30 Rochelle Brady Narelle Magin	31 Karieanne Clifford Kelie Clifford	1 NOVEMBER Brook Gatt Naomi Bailey

## November

Mon	Tue	Wed	Thu	Fri
4 <b>CLOSED</b>	5 Ann Stanley Matthew Yapp	6 Rochelle Brady Alison Powell	7 Karieanne Clifford Matthew Yapp	8 Sammi Edwards Jane Apthorpe
11 <b>CLOSED</b>	12 <b>HELP NEEDED</b> Larissa King	13 Rochelle Brady Narelle Magin	14 Karieanne Clifford Kelie Clifford	15 Sammi Edwards <b>HELP NEEDED</b>
18 <b>CLOSED</b>	19 Sammi Edwards Larissa King	20 Rochelle Brady Wes Batey	21 Karieanne Clifford Matthew Yapp	22 Sammi Edwards <b>HELP NEEDED</b>
25 <b>CLOSED</b>	26 Tania Smith Narelle Magin	27 Rochelle Brady Narelle Magin	28 Karieanne Clifford Kelie Clifford	29 Sammi Edwards Bee Scarborough

## December

Mon	Tue	Wed	Thu	Fri
2 <b>CLOSED</b>	3 Ann Stanley Matthew Yapp	4 Rochelle Brady Allison Powell	5 Karieanne Clifford <b>HELP NEEDED</b>	6 Brook Gatt Naomi Bailey

All volunteers who work in the school canteen, reading groups or who volunteer and are on school grounds need to pay a membership fee to be covered for insurance purposes. Please pay your \$2.00 P&C / Canteen membership to the school office. An appendix 5 form needs to be filled in as well as providing 100 points of ID. These can be collected at the office or one can be sent home with your child. If you are unable to make your canteen day please contact the person you are doing canteen with to let them know you can't make it and try to find your own replacement. Thank you!



### SCHOOL BANKING

**Please send in bank books every Thursday for Ms Crane to process. Some great prizes can be earned for regular banking! Thank you.**



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**EVERY MONDAY NIGHT  
7-9PM  
CESSNOCK LEAGUES CLUB**



Contact: Anna 4990 4093  
anna.vannetten@bigpond.com



School Dentist will be visiting  
**Kearsley Public School**  
21<sup>st</sup> - 23<sup>rd</sup> October 2019

Our innovative mobile dental service was created to meet the needs of the fast paced/time poor lifestyles of many parents. We are changing the game by bringing our dental team and equipment to A Magical Time Children Centre- Mount Hutton to provide our onsite dental services to the children.

*Full details of our service are provided with the consent form which will be distributed to your child.*



### Service snapshot:

Children from families eligible for Family Tax Benefit A may be eligible for up to \$1000 of free dental over a 2-calendar year period.

Not eligible for Family Tax Benefit A?  
Your child can be seen in the clinic for an examination/clean/scale/remineralisation at the heavily discounted price of \$99, health Fund claimable.



1800 266 003 | PO Box 288 | Geelong, VIC 3220 | ccess@healthsmiles.com.au

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## HANDCRAFTED BOUTIQUE HUNTER VALLEY WINES

### Teralba Lakesiders Fishing Club

#### CATCH & RELEASE JUNIOR FISHING TOURNAMENT

Club/Schools  
Team Challenge



Sunday 3<sup>rd</sup>  
November  
2019

Fishing tips session  
Friday 1st November  
5pm to 6pm  
with awesome  
angler  
Jason Nunn.

Presentation  
3pm Teralba  
Bowling Club

All anglers receive a hat, brag mat and the chance to win a \$200 prize pack. First 40 registered get a bonus neck buff courtesy of Michael guest

### FREE ENTRY

#### Loads of extra prizes

Get your team of 4 together from your  
School or fishing club now.

Entries close 25-10-19

contact Michele on dangeranger@optusnet.com.au  
or Ian on ian.guy@westnet.com.au

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# Greta 2019 Halloween Family Disco

**Saturday** 4pm to 9pm  
**2nd** Greta Arts and Sports Hall  
**November** \$5 per person  
 \$20 per family  
 Contact Will 0438 636 009

DJ Clown, Competitions, Halloween Craft, Face Painting and Rides included



## HAPPY GRANDPARENT'S DAY!

Kearsley Public School will celebrate Grandparent's Day on **Friday, 25<sup>th</sup> October**. Grandparents are invited to visit classrooms, bring some recess to share or purchase from the P&C Cake Stall and stay for a special school assembly.

- Classroom visits:** 1:30pm
- Recess:** 2pm, P&C Cake Stall
- Assembly:** 2:30pm



*We look forward to seeing lots of grandparents on this special day.*



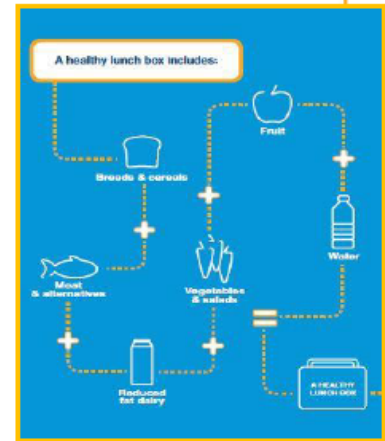
Nutrition Snippet

## The simplest way

... to build a healthy lunch box.

A healthy lunch box contains something from each of the 5 food groups plus water.

Our chicken and veg [fried rice recipe](#) ticks off 3 of the 5 food groups. Pack it with yoghurt, some fruit and a bottle of water for a complete lunch.



For more examples and to build your own visit [healthylunchbox.com.au](http://healthylunchbox.com.au)

[healthylunchbox.com.au](http://healthylunchbox.com.au)



KEARSLEY PUBLIC SCHOOL  
P&C  
PRESENT



## A Dominos "Doughraiser" Evening

When: **Monday 28 October 2019**

Time: **4pm – 8pm**

**At Dominos Cessnock**

Wollombi Road, Cessnock

Dominos Cessnock will donate \$1 from every pizza ordered between 4pm and 8pm on Monday 28 October 2019 to Kearsley Public School.

