

Kearsley Public School

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Principal: Mrs Melissa Trigg



ISSUE 12 TERM 3 WEEK 3

Thursday 8 August 2019

IMPORTANT DATES

TERM 3

Week 3

9 Aug—Education Week
Open Day from 1.30pm

Week 4

16 Aug—Yr 6 CHS
Transition Day

Week 5

19 Aug— Staff
Development Day

20—23 Aug—Book Week

20 Aug—Book Week Lunch
Order Day

21 Aug—Newcastle Perm
Maths Comp

22 Aug—Book Week Parade

23 Aug—Netball Gala Day

Week 6

26 Aug—Early Stage 1 Zone
Public Speaking

27 Aug—Stage 3 Zone
Public Speaking

28 Aug— Stage 2 Zone
Public Speaking

28 Aug—Kullaburra
Awards

28 Aug—Possum Magic
Excursion K-2

29 Aug—Stage 1 Zone
Public Speaking

30 Aug—Bloke's Breaky

30 Aug—Father's Day Stall

School Leaders Breakfast

Last week Mrs Trigg had the pleasure of escorting some of our leaders to the annual Leaders Breakfast held by Cessnock City Council. This year we were very fortunate to listen to Damien Thomlinson share his very motivational life story.



Beanies for Brain Cancer

Last Tuesday we all wore our beanies proudly to help fundraise towards the Mark Hughes Foundation. This foundation raises much needed funds that go towards brain cancer research. Our school raised \$100 for the cause. Thank you to all who supported the day!



Education Week

Congratulations to Lesa Weekes and Izzi K who received awards at the CCGPS Education Week Award ceremony. Mrs Weekes was recognised for her outstanding efforts in her role at the school. Izzi K was recognised for her impressive leadership qualities.



Basketball Gala Day

Last Wednesday our basketball team participated in a Gala Day at Maitland. The team played with enthusiasm, persistence and represented our school with pride and outstanding sportsmanship—congratulations on a fantastic effort! Thanks to Mrs Pitt for coaching over the past term.





Kookaburra Awards

Mrs Manderson	Mrs Graham	Mrs Stipack	Mrs Power	Miss Reid	Mr Carter	Mrs Pitt Mrs Jackson
Savannah D	Charlie S	Kiahna R	Sophia M	Haimish L	Saranah R	Zoe M
Isabella Y	Maeve A	Sienna K	Dylan K	Hudson B	Zac C	Ruby G
Hector S	Danielle H	Armani P	Charlotte B	Maddie M	Clayton H	
Jeziah W	Denver R		Emily P	Kirsty F	Montana K	

Deputy Principal Awards

Tim M	Rubin W
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ASSISTANT Principal Awards

Jarrah W	Evie M
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Principal Awards

Denver R	
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REMINDER—PUPIL FREE DAY MONDAY 19 AUGUST

The Term 3 Staff Development Day is on **Monday 19 August**. All staff will be attending training with Professor Dylan William. Parents are reminded that students are **not to attend school** on this day.

Public Speaking Finalists

Congratulations to all the finalists this year. Thank you to Mrs Kathy Pynsent for judging our finals. Our Public Speaking Competition was of a very high standard and the judges found it very difficult to decide on the Zone winners. This year Lachlan G and Hector S of Early Stage 1, Kyrah R and Maclyn W of Stage 1, Evie S and David R of Stage 2 and Saranah R and Amelia B of Stage 3 were all successful winners and will be representing Kearsley PS at the Zone Public Speaking Competition at the end of this month.

The Hunter Inter-Schools Public speaking competition will be held on the following dates:

- Early Stage 1– 26 August 2019 at Black Hill Public School
- Stage 1– 29 August 2019 at Bellbird Public School
- Stage 2– 28 August 2019 at King St Public School
- Stage 3– 27 August at King St Public School

Mrs Stipack will send a permission note home will full details as soon as times for the competition have been finalised.

Aussie Bush Camp

Years 5 & 6 have the opportunity to participate in a 3 day excursion to Tea Gardens Great Aussie Bush Camp on Wednesday 4 September – Friday 6 September. This is an exciting, fun-packed experience for all students. The cost of the excursion will be \$260.00 which includes accommodation, all meals and all activities. Transport will be by bus – A BIG THANK YOU to our P&C for covering the cost of the bus for our students. Deposits of \$50 were due on Friday 21 June and are now **OVERDUE** if you haven't already paid it. The first instalment of \$70 was due by Friday 26 July and is now **OVERDUE** if you haven't already paid it. The second instalment of \$70 is due by **TOMORROW** and the final instalment of \$70 is due by 23 August.

Parents/Carers are welcome to continue paying off their child's trip as soon as they would like. You may make payments for as little or as much as you would like.

Book Week Lunch Order Day

The P&C are holding a 'Book Week' lunch on Tuesday 20 August, 2019. You can pre-order from a selection of hot dogs, potato pies, plain pies, sausage rolls and cheese and bacon sausage roll for \$5. Each lunch order comes with a popper and a small treat. Order forms were sent home with students earlier this week. Please return your order form and payment by Thursday 15 August, 2019 to the CANTEEN. PLEASE PUT ONE STUDENT PER ORDER FORM. NO LATE ORDERS WILL BE ACCEPTED AFTER THIS DATE.



High School Transition—Cessnock HS

Year 6 students who are going to Cessnock HS for Year 7 in 2020 are attending a transition day on Friday 16 August. Students are to be dropped at the high school by their parents ready to meet Mr Carter by 9.20am. Students are to take a packed lunch and wear full school uniform. (Year 6 shirts may be worn). Parents are to pick students up from the high school at 1pm.

Yoga

Students will be participating in yoga and mindfulness this term with Davina Lawless who is a fully qualified yoga instructor. Davina will also offer a parent's yoga class every Thursday this term from 2:15pm– 3pm, starting today. The cost for all yoga classes will be covered by the school.

Education Week Assembly & Open Day TOMORROW

Open Day at Kearsley Public School– Friday 9th August

1:30pm—Open Classrooms

2:00pm—Recess

2:30pm—Education Week Awards Ceremony

Please come along and celebrate with us!

PSSA Basketball

Kearsley PS participated in the annual PSSA Basketball Knockout Competition at Maitland Basketball Stadium on Wednesday 31 July. Congratulations to the following students who showed commitment to training at school and represented our school with fantastic sportsmanship: Luke A, Nate R, Zarhn W, Gavin F, Zaria W, Zac C, Joaquin H, Owen H and Maddi K. All students received Kookaburra Awards at last Friday's assembly for their outstanding sportsmanship and dedication to training during their lunch times. Well done team!

P&C News

Thank you to everyone who supported our McDonalds fundraiser last night, we raised \$336. We have a Book Week Special lunch order for Tuesday 20th August, notes have been sent home this week. Please make sure to get these by Thursday 15th August. P&C will also be holding a cake stall after the Book Parade which will take place on Thursday 22nd August. Donations for the cake stall would be greatly appreciated. We will also hold a Father's Day stall for the students to purchase gifts on Friday 30th August.

Our school shirts and school jackets can still be pre-ordered with payment through the canteen (correct money would be appreciated) on Monday and Wednesday mornings between 9am – 10am. Our shirt price is \$23, while our jacket price is \$34. School winter beanies can also be ordered with payment through the canteen. Our beanies are \$10. With winter here, now is the time to get your jacket and beanie orders in. Our next P&C meeting will take place on Thursday 5th September 2019 at 1.30pm in the school library. Please come along. It's a great opportunity to find out what is actually happening within your child's school and to have some input into what you would like to see happening. Everyone is welcome.



\$23



\$34



\$10



Our new school mural looks amazing! Thanks to the very talented Austin Nitsua. More of his awesome work can be found at the following website: www.nitsua.com.au/schoolmurals



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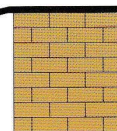
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Kearsley Canteen Roster 2019 August

Mon	Tue	Wed	Thu	Fri
12 Matthew Yapp HELP NEEDED	13 Bee Scarborough Ann Stanley	14 Rochelle Brady Narelle Magin	15 Karieanne Clifford Kristy Jones	16 Sammi Edwards Kristy Jones
19 Staff Development Day	20 Sammi Edwards Kristy Jones	21 Rochelle Brady Wes Batey	22 Karieanne Clifford Kelie Clifford	23 Sammi Edwards Kristy Jones
26 Kristy Jones Narelle Magin	27 Ann Stanley Tania Smith	28 Rochelle Brady Narelle Magin	29 Karieanne Clifford Kristy Jones	30 Kristy Jones Jane Apthorpe

September

Mon	Tue	Wed	Thu	Fri
2 Matthew Yapp Sammi Edwards	3 Kristy Jones Larissa King	4 Rochelle Brady Allison Powell	5 Karieanne Clifford Kelie Clifford	6 Brook Gatt Kristy Jones
9 Matthew Yapp HELP NEEDED	10 Bee Scarborough Ann Stanley	11 Rochelle Brady Narelle Magin	12 Karieanne Clifford Kristy Jones	13 Sammi Edwards Kristy Jones
16 Matthew Yapp Naomi Bailey	17 Ann Stanley Matthew Yapp	18 Rochelle Brady Wes Batey	19 Karieanne Clifford Kelie Clifford	20 Sammi Edwards Kristy Jones
23 Kristy Jones Narelle Magin	24 Ann Stanley Tania Smith	25 Rochelle Brady Narelle Magin	26 Karieanne Clifford Kristy Jones	27 Kristy Jones Jane Apthorpe

All volunteers who work in the school canteen, reading groups or who volunteer and are on school grounds need to pay a membership fee to be covered for insurance purposes. Please pay your \$2.00 P&C / Canteen membership to the school office ASAP. A prohibited employment declaration form needs to be filled in as well as providing 100 points of ID. These can be collected at the office or one can be sent home with your child. Kristy Jones is doing canteen rosters and can be contacted on 0488609023 for any questions regarding rosters. If you are unable to make your canteen day please contact the person you are doing canteen with to let them know you can't make it and try to find your own replacement. Thank you!

SCHOOL BANKING



Please send in bank books every Thursday for Ms Crane to process. Some great prizes can be earned for regular banking! Thank you.

CESSNOCK CITY TOASTMASTERS

WHY TOASTMASTERS?

- Great for developing public speaking skills
- Improve presentation skills
- Learn the art of impromptu speaking
- Speak with confidence at any social occasion
- All in a FUN and supportive environment

**EVERY MONDAY NIGHT
7-9PM
CESSNOCK LEAGUES CLUB**



Contact: Anna 4990 4093
anna.vannetten@bigpond.com



School Dentist will be visiting
Kearsley Public School
21st - 23rd October 2019

Our innovative mobile dental service was created to meet the needs of the fast paced/time poor lifestyles of many parents. We are changing the game by bringing our dental team and equipment to A Magical Time Children Centre- Mount Hutton to provide our onsite dental services to the children.

*Full details of our service are provided
with the consent form which will be distributed to your child.*



Not eligible for Family Tax Benefit A?
Your child can be seen in the clinic for an examination/clean/scale/remineralisation at the heavily discounted price of \$99, health Fund claimable.

Service snapshot:

Children from families eligible for Family Tax Benefit A may be eligible for up to \$1000 of free dental over a 2-calendar year period.



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CATCH & RELEASE JUNIOR FISHING TOURNAMENT

Club/Schools
Team Challenge

Sunday 3rd
November
2019



Fishing tips session
Friday 1st November
5pm to 6pm
with awesome
angler
Jason Nunn.

Presentation
3pm Teralba
Bowling Club

All anglers receive a hat, brag mat and the chance to win a \$200 prize pack. First 40 registered get a bonus neck buff courtesy of Michael guest

FREE ENTRY

Loads of extra prizes

Get your team of 4 together from your
School or fishing club now.

Entries close 25-10-19

contact Michele on dangeranger@optusnet.com.au
or Ian on ian.guy@westnet.com.au

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DYSLEXIA OR LEARNING DIFFICULTIES?

Some children experience reading and learning difficulties as a result of visual perception problems caused by

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NO BOOKINGS REQUIRED FOR KIDS ACTIVITIES

KIDS ACTIVITIES

Sunday 8 September 2019, Poppethead Park Kitchener

The 2019 Cessnock Bioblitz will have activities for all ages. Head along to the Kids Area where our younger Bioblitz-ers will learn all about caring for our waterways and local species through specialised games, crafts and our Junior Scientist Expedition!

Kids activities will go for around 30mins. Feel free to drop by anytime in between scheduled sessions.

TIME	ACTIVITY	DESCRIPTION
All Day	Craft and games at the kids area	Enjoy a range of activities with a biodiversity theme for kids all day.
9:30am	Waterwatch	Gets 'hands-on' with four simple tests to check the health of Poppethead Dam.
	Junior scientist expedition	Follow clues to find local species on your expedition and record them for your very own Bioblitz.
11:00am	Waterwatch	Do a Waterbug Blitz and learn about the little creatures in our creeks.
	Species snap	Play a game to learn about threatened species in the Cessnock area and how we can snap into action to save them!
12:30pm	Waterwatch	Bring out your inner scientist as we show you how to do four simple tests to check the health of Poppethead Dam
	Junior scientist expedition	Follow clues to find local species on your expedition and record them for your very own Bioblitz.
1:30pm	Waterwatch	Do a Waterbug Blitz and learn about the little creatures in our creeks.
	Using nature apps for kids	Find out what Apps kids can use to help ID birds, learn about frogs, insects and more to become budding super scientists.
2:30pm	Waterwatch	Find out about four simple tests we use to check the health of local waterways.

For the full Bioblitz Program including activities for all ages please visit www.cessnock.nsw.gov.au/Bioblitz or phone 4993 4100



Maitland Football Club
Cooks Square Park,
East Maitland
Rod Haggarty
Technical Director
td@maitlandfc.com.au
0437 592 056

2020 MAITLAND FC Under 9 BOYS SKILL ACQUISITION PROGRAM (SAP)

Maitland FC invites players to trial for the Under 9 Boys Skill Acquisition Program (SAP) for the 2020 season.

The SAP is part of FFA's Talented Player Pathway where identified talented football players are selected to participate in one training centre. The 2020 Maitland FC SAP players will participate in the NNSWF SAP "competition" involving up to 16 clubs, primarily from the NPL.

All players must register to take part in these trials. Players will not be eligible to take part in the trials if they do not register by email as detailed below.

Trial Details: 9* years Boys (born between 01/01/2011 to 31/12/2012*
Tuesday 13 August and Thursday 15 August, 2019

Location: Cooks Square Park, William Street, East Maitland

Time: 5.30pm to 6.30pm

There is no cost to participate in SAP Trials.

Trials Format: The trials will be structured with players rotating between small-sided games and training practices on each day.

To register:

Reply by email to: sapoperations@maitlandfc.com.au

Please include the following details in the email registration:

Boy's Name, Date of Birth & Preferred Field Position.

Parent's Name, Phone Number, Email Address & Current Club

Yours sincerely

Rod Haggarty
Technical Director, Maitland FC

* Trials are open to players born in 2011 and 2012

Good for Kids good for life

CHOOSE WATER

How much water should our kids drink everyday?

- 1—5 years 1.25L
- 6—12 years 1.5L



TIPS TO DRINK MORE WATER

- Show children that you enjoy drinking water
- Drink water with every meal
- Take a refillable bottle when you go out
- Pack water for school
- Encourage drinking extra water when they play sport
- Limit buying sugary drinks



Information source: © Cancer Council Victoria 2019



HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>



Nutrition Snippet

The simplest way

... to save time in the morning.

With some simple preparation at a time that suits you, you can save a lot of stress in the morning.



Try these tips to pack healthy foods quickly:

- Buy snack sized veg that don't require cutting e.g. cherry tomatoes, baby cucumbers and snow peas
- Keep some shelf stable items like beans and milk in the pantry
- Make and pre-pack individual serves of healthy snack mixes such as [poopletana](#).
- Get in to the habit of cooking extra for dinner and packing leftovers for lunch.
- Spend some time on the weekend preparing freezer-friendly lunch box items such as fruit or [vegie muffins](#).
- Allocate a drawer or area of the kitchen where lunch boxes and containers are kept, making them handy to find come packing time.

healthylunchbox.com.au