

Kearsley Public School

130 Caledonia St, Kearsley NSW 2325

Phone: 49901705 Fax: 49911018

Email: kearsley-p.school@det.nsw.edu.au

Website: <https://kearsley-p.schools.nsw.gov.au>

Principal: Mrs Melissa Trigg



ISSUE 13 TERM 3 WEEK 5

Thursday 22 August 2019

IMPORTANT DATES

TERM 3

Week 5

23 Aug—Netball Gala Day

Week 6

26 Aug—Early Stage 1 Zone
Public Speaking

27 Aug—Stage 3 Zone
Public Speaking

28 Aug— Stage 2 Zone
Public Speaking

28 Aug—Kullaburra
Awards

28 Aug—Possum Magic
Excursion K-2

29 Aug—Stage 1 Zone
Public Speaking

30 Aug—Bloke's Breaky

30 Aug—Father's Day Stall

Week 7

3 Sep—JAECG Leader Day

4—6 Sep—Aussie Bush
Camp Yr 5 & 6

5 Sep—Responsible Pet
Ownership

Week 8

12 Sep—Cricket Gala Day

Week 9

19 Sep—Family Movie
Night

Regional Athletics Representatives

Congratulations to Luke A (discus), Owen H (discus) and Zarhn W (800m, 1500m) who will compete at the Regional Athletics Carnival at Glendale on 30th August. Good luck on the day!



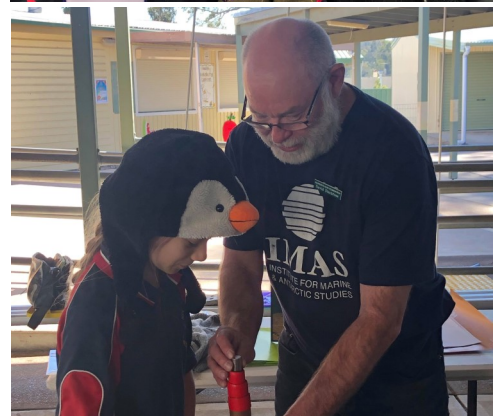
ANZAC Writing Competition

Congratulations to Amelia B in 5/6 who won a category in a short story writing competition earlier this year. Amelia wrote about what ANZAC Day means to her. Thanks to Marlene Hartog from ECBC who came and presented the medallion and a gift from the club.



Science Week

Our students from Year 2 to Year 6 enjoyed a visit from the Antarctic Science Bus during Science Week. They also took part in a Science lesson presented prior to visiting the bus. The students were totally mesmerised and intrigued during the show.



Public Speaking Finalists

Congratulations and best wishes to our Public Speaking finalists—Lachlan G, Hector S, Kyrah R, Maclyn W, Evie S, Saranah R and Amelia B. We wish them all the best for the finals which will be held next week. We are very proud of you!





Education Week Awards

Mrs Manderson	Mrs Graham	Mrs Stipack	Mrs Power	Miss Reid	Mr Carter	<u>Mrs Pitt</u> <u>Mrs Jackson</u>
Kyle A	Dakotah M	Hannah C	Ryleigh H	Jesse P	Zaria W	
Hector S	Joshua W	Zach K	David R	Hudson B	Tennielle P	
Isabella Y	Ellie S	Broddie P	Nate P	Zarhn W	Gavin F	
Elsie B	Kyrah R	Zoe M	Isla A	Nicholas B	Amelia B	

Kookaburra Awards

Mrs Manderson	Mrs Graham	Mrs Stipack	Mrs Power	Miss Reid	Mr Carter	<u>Mrs Pitt</u> <u>Mrs Jackson</u>
Lachlan G	Amelia W	Tim M	Murray M	Bella I	Scarlet H	Isabella Y
Hector S	Arrabella C	Aloura C	Josephine O	Isla H	Owen H	Joaquin H
Jeziah W	Karleigh W	Kaiden P	Vaughn W	Jett G	Jarrah W	
Theo H	Denver R		Ella B	Zarhn W	Clayton H	

Assistant Principal Awards

Levi H	Skylah B
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Netball Gala Day

Selected Yr 4, 5 and 6 students will participate in a gala day at Cessnock netball courts tomorrow. Students will depart school at 8.50am and return by 2pm, they will be supervised by Mrs Trigg. Travel is by parent transport. Students should bring lunch, snacks and plenty of water. School uniform and joggers should be worn. Netball dresses will be provided for the girls.

Breakfast Club

Breakfast Club will be starting on Monday 26 August and will be run by staff and volunteers. It will run 5 days a week from 8.40am—9am. Students are able to come into the hall and have a couple of slices of toast with various spreads and a cup of juice. Breakfast Club would not have been possible without the generous support of Cessnock Wine Country Lions Club and Cessnock Lions Club. We have been able to purchase a new fridge, food pantry, 2 x toasters and all the food to start us off.

Kinder Orientation

Kinder Orientation dates for Term 3 have been finalised and are on Thursday afternoons as follows: September 5, 12, 19 & 26, between 2pm and 3.05pm. Our first session on Thursday 5 September will be a ‘Teddy Bears Picnic’ so don’t forget to bring your favourite teddy along to meet Mrs Manderson. If you know anyone who has not yet enrolled please encourage them to do so.



Aussie Bush Camp

Years 5 & 6 have the opportunity to participate in a 3 day excursion to Tea Gardens Great Aussie Bush Camp on Wednesday 4 September – Friday 6 September. This is an exciting, fun-packed experience for all students. The cost of the excursion will be \$260.00 which includes accommodation, all meals and all activities. Transport will be by bus – A BIG THANK YOU to our P&C for covering the cost of the bus for our students. Deposits of \$50 were due on Friday 21 June and are now **OVERDUE** if you haven't already paid it. The first instalment of \$70 was due by Friday 26 July and is now **OVERDUE** if you haven't already paid it. The second instalment of \$70 is now **OVERDUE** and the final instalment of \$70 is due **TOMORROW**. FULL PAYMENT MUST BE FINALISED BY TOMORROW as the total cost of the excursion has already been forwarded to the Aussie Bush Camp.

Bloke's Breaky

This year the school will be hosting a 'Bloke's Breakfast' as part of the Father's Day celebrations on Friday 30 August between 8:15am and 9:00am at the school. The breakfast has been a great success in the past and we are encouraging the 'Blokes' to come along and enjoy some time with the children. We are offering cold and hot drinks and a delicious hot breaky. This year please bring a gold coin donation to purchase a Father's Day portrait drawn by your child. All donations will be donated to 'Beyond Blue'. Please return your invitation with numbers for catering by **Wednesday 28 August**.

High School Transition—Cessnock HS

Year 6 students who are going to Cessnock HS for Yr7 in 2020 will attend their next high school transition day on Friday 30 August. Students are to meet at CHS at 9:45am. Students are able to attend the Bloke's Breaky and purchase items from the Father's Day Stall at school beforehand if they wish. Permission notes have been sent home with students this week.

Father's Day Stall

The P&C will hold their annual Father's Day stall on Friday 30 August 2019. We have some lovely gifts for dads and grandfathers this year. Prices will range from \$2.00 - \$10.00. The students will have the opportunity to purchase a gift in class groups during the morning.

Zone Athletics Carnival

Last Friday we had 35 Kearsley athletes represent us at the Zone Athletics Carnival at Turner Park, Cessnock. So proud of all the athletes who competed with great sportsmanship and gave it their best. Congratulations to Owen H 1st in discus, Zaria W for 3rd in 800m, Luke A 2nd in discus, Zarhn W 1st 800m and 2nd 1500m, Koa P 3rd 800m and JNR boys relay (Nate P, Koa P, Antonio H, Gavin F) 3rd. A huge thank you to Michael Harris for spending so much time training our team ready for the carnival.

The Kearsley P&C ran the canteen at the carnival on the day and made a profit of over \$1900. Thanks to Sammi Edwards for her superb organisation and her band of volunteers who helped out on the day.





P&C News

The P&C will be holding a Sausage Sizzle BBQ Fundraiser at Bunnings Cessnock on Sunday 8th September. Donations for this can be left with Mrs Manderson in the Kinder room by Monday 2nd September. Thank you for your support!

Our school shirts and school jackets can still be pre-ordered with payment through the canteen (correct money would be appreciated) on Monday and Wednesday mornings between 9am – 10am. Our shirt price is \$23, while our jacket price is \$34. School winter beanies can also be ordered with payment through the canteen. Our beanies are \$10. With winter here, now is the time to get your jacket and beanie orders in.

Our next P&C meeting will take place on Thursday 5 September 2019 at 1.30pm in the school library. Please come along. It's a great opportunity to find out what is actually happening within your child's school and to have some input into what you would like to see happening. Everyone is welcome.



\$23



\$34



\$10



Breakfast Club Opening Day



When

Monday 26th August, 2019

Where

School Hall - 8:40am until 9am

Breakfast club will be run by volunteers each morning. See the front office if you have some time to spare!



**Thanks to our Sponsors:
Cessnock Lions Club**

Cessnock Wine Country Lions



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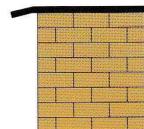
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Kearsley Canteen Roster 2019 August

Mon	Tue	Wed	Thu	Fri
26 Kristy Jones Narelle Magin	27 Ann Stanley Tania Smith	28 Rochelle Brady Narelle Magin	29 Karieanne Clifford HELP NEEDED	30 Jane Apthorpe HELP NEEDED

September

Mon	Tue	Wed	Thu	Fri
2 Matthew Yapp Sammi Edwards	3 Kristy Jones Larissa King	4 Rochelle Brady Allison Powell	5 Karieanne Clifford Kelie Clifford	6 Brook Gatt Kristy Jones
9 Matthew Yapp HELP NEEDED	10 Bee Scarborough Ann Stanley	11 Rochelle Brady Narelle Magin	12 Karieanne Clifford HELP NEEDED	13 Sammi Edwards HELP NEEDED
16 Matthew Yapp Naomi Bailey	17 Ann Stanley Matthew Yapp	18 Rochelle Brady Wes Batey	19 Karieanne Clifford Kelie Clifford	20 Sammi Edwards Kristy Jones
23 Kristy Jones Narelle Magin	24 Ann Stanley Tania Smith	25 Rochelle Brady Narelle Magin	26 Karieanne Clifford Kristy Jones	27 Jane Apthorpe HELP NEEDED

October

Mon	Tue	Wed	Thu	Fri
14 Matthew Yapp Sammi Edwards	15 Kristy Jones Larissa King	16 Rochelle Brady Allison Powell	17 Karieanne Clifford Kelie Clifford	18 Brook Gatt Kristy Jones

All volunteers who work in the school canteen, reading groups or who volunteer and are on school grounds need to pay a membership fee to be covered for insurance purposes. Please pay your \$2.00 P&C / Canteen membership to the school office ASAP. A prohibited employment declaration form needs to be filled in as well as providing 100 points of ID. These can be collected at the office or one can be sent home with your child. Kristy Jones is doing canteen rosters and can be contacted on 0488609023 for any questions regarding rosters. If you are unable to make your canteen day please contact the person you are doing canteen with to let them know you can't make it and try to find your own replacement. Thank you!

SCHOOL BANKING



Please send in bank books every Thursday for Ms Crane to process. Some great prizes can be earned for regular banking! Thank you.

CESSNOCK CITY TOASTMASTERS

WHY TOASTMASTERS?

- Great for developing public speaking skills
- Improve presentation skills
- Learn the art of impromptu speaking
- Speak with confidence at any social occasion
- All in a FUN and supportive environment

**EVERY MONDAY NIGHT
7-9PM
CESSNOCK LEAGUES CLUB**



Contact: Anna 4990 4093
anna.vannetten@bigpond.com



School Dentist will be visiting
Kearsley Public School
21st - 23rd October 2019

Our innovative mobile dental service was created to meet the needs of the fast paced/time poor lifestyles of many parents. We are changing the game by bringing our dental team and equipment to A Magical Time Children Centre- Mount Hutton to provide our onsite dental services to the children.

*Full details of our service are provided
with the consent form which will be distributed to your child.*



Not eligible for Family Tax Benefit A?
Your child can be seen in the clinic for an examination/clean/scale/remineralisation at the heavily discounted price of \$99, health Fund claimable.

Service snapshot:

Children from families eligible for Family Tax Benefit A may be eligible for up to \$1000 of free dental over a 2-calendar year period.



1800 266 003 | PO Box 288 | Gosport, NSW 2228 | cec@healthsmiles.com.au

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CATCH & RELEASE JUNIOR FISHING TOURNAMENT

Club/Schools
Team Challenge

Sunday 3rd
November
2019



Fishing tips session
Friday 1st November
5pm to 6pm
with awesome
angler
Jason Nunn.

Presentation
3pm Teralba
Bowling Club

All anglers receive a hat, brag mat and the chance to win a \$200 prize pack. First 40 registered get a bonus neck buff courtesy of Michael guest

FREE ENTRY

Loads of extra prizes

Get your team of 4 together from your
School or fishing club now.

Entries close 25-10-19

contact Michele on dangeranger@optusnet.com.au
or Ian on ian.guy@westnet.com.au

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DYSLEXIA OR LEARNING DIFFICULTIES?

Some children experience reading and learning difficulties as a result of visual perception problems caused by

Irlen Syndrome/Scotopic Sensitivity

Irlen Syndrome can cause Dyslexia and difficulties with:

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NO BOOKINGS REQUIRED FOR KIDS ACTIVITIES

KIDS ACTIVITIES

Sunday 8 September 2019, Poppethead Park Kitchener

The 2019 Cessnock Bioblitz will have activities for all ages. Head along to the Kids Area where our younger Bioblitz-ers will learn all about caring for our waterways and local species through specialised games, crafts and our Junior Scientist Expedition!

Kids activities will go for around 30mins. Feel free to drop by anytime in between scheduled sessions.

TIME	ACTIVITY	DESCRIPTION
All Day	Craft and games at the kids area	Enjoy a range of activities with a biodiversity theme for kids all day.
9:30am	Waterwatch	Gets 'hands-on' with four simple tests to check the health of Poppethead Dam.
	Junior scientist expedition	Follow clues to find local species on your expedition and record them for your very own Bioblitz.
11:00am	Waterwatch	Do a Waterbug Blitz and learn about the little creatures in our creeks.
	Species snap	Play a game to learn about threatened species in the Cessnock area and how we can snap into action to save them!
12:30pm	Waterwatch	Bring out your inner scientist as we show you how to do four simple tests to check the health of Poppethead Dam
	Junior scientist expedition	Follow clues to find local species on your expedition and record them for your very own Bioblitz.
1:30pm	Waterwatch	Do a Waterbug Blitz and learn about the little creatures in our creeks.
	Using nature apps for kids	Find out what Apps kids can use to help ID birds, learn about frogs, insects and more to become budding super scientists.
2:30pm	Waterwatch	Find out about four simple tests we use to check the health of local waterways.

For the full Bioblitz Program including activities for all ages please visit www.cessnock.nsw.gov.au/Bioblitz or phone 4993 4100



This project has been assisted by the New South Wales Government through its Environmental Trust

Good for Kids good for life

KEEPING ACTIVE IN WINTER

When kids come home from school during the cooler months there is less light for fun outdoor time to burn off energy. Less daylight hours and cooler temperatures does have to equate to more screen time (TV/video games).

Keeping activity is important for everyone even in the cooler months, and the Australian 24-Hour Movement Guidelines recommend that children get **at least one hour each day of physical activity**.

Try the following indoor activities:

- Make up a dance
- Try 'Just Dance' on a gaming console or YouTube
- Sign up to 'Go Noodle!' for free and move along to your favourite Go Noodle's
- Hula hooping or skipping
- Juggling
- Use the furniture to create an indoor ninja park or obstacle course
- Try a family fitness challenge, e.g. who can do the most push-ups, squats, sit ups, burpees
- Use a pair of socks or a balloon to play volleyball, tennis, soccer or football indoors



Image source: <https://picklebums.com/20-fun-ways-to-get-active-with-your-kids/>



HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>



Nutrition Snippet

The simplest way

... to get free classroom resources.

Cancer Council supports Fruit & Veg Month, a health promotion event for NSW primary schools that puts a positive focus on fruit and vegetables.



This year Fruit & Veg Month will run from Monday 2 September to Friday 27 September. The event provides free classroom, and whole of school, resources that promote kids eating more fruit and vegetables. The event is funded by NSW Health and registration is FREE!

For more details on the event, and to register go to healthy-kids.com.au.

healthylunchbox.com.au



The simplest way

... to pack a healthy lunch box

The average school child will eat more than 2,500 lunches during their 13 years at school.



Cancer Council's website healthylunchbox.com.au is a one-stop-shop for everything families need to know about packing a healthy lunch box.

Parents will find information on the five food groups, what constitutes a healthy lunch box, sandwich alternatives, sandwich filling ideas, snack ideas, swaps for unhealthy snack foods, recipes and tips. The website features an [interactive healthy lunch box builder](#) where parents can get their kids involved in planning the lunch box and choosing foods they will eat and enjoy.

healthylunchbox.com.au