

Kearsley Public School

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Website: <https://kearsley-p.schools.nsw.gov.au>
Principal: Mrs Melissa Trigg



ISSUE 6 TERM 2 WEEK 5

Thursday 28 May 2020

IMPORTANT DATES

TERM 2

Week 7

8 June—Public Holiday

Week 8

18 June—Book Club Due

TERM 3

Week 8

7-8 Sept—Healthy Harold

8 Sept—School Photo day



'Ugly Area' Project Report

The 4/5 and 5/6 classes have been working hard on a project to design a plan to improve one of the areas in the school playground. All students will get to vote on the best idea to replace the woodchip pile. Construction will start next term.
By Sarah R & Isla A



K/1 Class Report

We have had a great week being back at school. Mrs Stipack has been reading 'The Gruffalo' to us and we have been doing lots of counting. We have also been writing every day.
By Beth W and Tate M



1/2 Class Report

This week our class has been learning about numbers in the 100s. In Science we have been learning about water. We have been learning about how to sequence a story. We have also played some fun games.
By Charlie S & Dakotah M



2/3 Class Report

This week we have started working in our new Maths Mentals books. We have been writing about kindness and we started our literacy groups again. Our air-conditioner got cleaned on Wednesday.
By Ella B and Tim M





Kookaburra Awards

Mrs Stipack	Mrs Graham	Mrs Power	Mr Smith	Mr Carter	Mrs Pitt	Mrs Malam/ Mrs Richards
Beth W	Ava W	Tim M	Evie M	Hudson B		
Tate M	Heath B	Danielle H	Jakell D	Clayton H		

Assistant Principal Awards

Matthew B	
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Principal Awards

Matthew B	
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Year 5 Opportunity Class

In response to the social distancing measures currently in place to help slow the spread of COVID-19, the Department has advised the placement process for students in Year 5 for Opportunity Class entry in 2021, including the Opportunity Placement Test, will be delayed until later in the year. As a result, applications did not open on 28 April, 2020 as previously advised. Revised dates for applications, tests and process changes will be announced as soon as they are confirmed. Please continue to monitor the department's website to remain up to date with information relating to opportunity classes via: <https://education.nsw.gov.au/public-schools/selective-high-schoolsand-opportunityclasses>

Book Club Issue 4

Book Club, Issue 4 catalogue was sent home earlier this week and is due back on 18 June 2020.

Book Club provides a fun and convenient way of bringing the best in children's literature into your home. It's packed full of exciting books from best-selling authors, popular titles and series that kids love, as well as products and books that make perfect gifts for younger siblings who may not be at school yet.

Ordering from Book Club is easy—simply go online and place your order or fill out the order form on the back of your catalogue and return with money to the office. Then the Scholastic's 'book elves' take care of the rest. Before you know it, your child will have a lovely surprise to take home once their order gets delivered to their classroom.

When ordering from Book Club, you are not only helping your children, but you are also helping your school—20% of your spend goes back to your school in valuable Scholastic Rewards, which are used to buy classroom resources.

For more information about Scholastic and Book Club, visit www.scholastic.com.au

Voluntary School Contributions 2020

Due to restrictions that were put in place, we have extended the voluntary contribution gift card draw. The voluntary contribution rate has stayed the same as the last few years. For those who have paid or make payment by the end of Term 2, we have a \$25 GIFT CARD to be won by one lucky family.

VOLUNTARY CONTRIBUTIONS ARE:

\$30 for families with 1 student (\$7.50 per term)

\$50 for families with 2 students (\$12.50 per term)

\$60 for families with 3 or more students (\$15 per term)



Change of Contact Details

It is very important that all student, parent/carer(s) and emergency details are correct on our system. If you change your contact telephone numbers, address or emergency contacts, please notify the Kearsley Public School administration office of these changes.

School Buses

JOIN ROVER COACHES ON FACEBOOK!

Rover Coaches has a new School & Route services Facebook page. We are encouraging schools and parents to like our new page and follow us for important updates.

This page will be used to advise of school service delays, change in school routes/roadwork or accidents, and any other important updates for school bus travel.

<https://www.facebook.com/rovercoachesschoolandlocalservices/>



Kinder 2021 Enrolments

Enrolments are now being accepted for our 2021 Kindergarten intake. Please call the office on 49901705 to complete a pre enrolment details form if your child turns 5 by 31 July 2021. To ensure the health and wellbeing of our students, staff and community all information required to be shown can be done so at a later date. This will include proof of your child's date of birth (usually birth certificate) and your usual place of residence. A council rates notice or rental agreement in addition to a utilities account (electricity, water or telephone) suffice as proof of usual residence. Further information regarding our Kinder Orientation schedule will follow.



P&C News

The Department of Education's guide for parents and carers on the return to face-to-face learning states that "wherever possible P&C and parent/carer/teacher meetings should be conducted virtually". As such rules apply at the present time Kearsley public school P&C will be meeting on Thursday 4 June at 1.30pm Via the zoom Platform. The link to the meeting will be available on our school Facebook page. The position of secretary will be voted upon at the meeting.

The Canteen will remain closed at this stage and any orders for uniforms can be forwarded to the office. We have a small amount of uniforms in some sizes available and order forms can be filled out and will be forwarded to our P&C representative to complete the order.

P&C UNIFORM SHOP

AVAILABLE FROM THE CANTEEN

Pre-order with Payment
Order Forms at Canteen
(Correct money appreciated)

Shirts - \$23	Jackets - \$34
Hats - \$14	Beanies - \$10

School Photo Day 8 Septem-

SCHOOL PHOTO DAY HAS BEEN POSTPONED

msp
photography
www.msp.com.au

School photo day has been postponed and rescheduled for September 8th 2020

Please note the following;

- If you have placed an order online, that order is valid and your order will be fulfilled on photo day.
- It is important to hold on to your envelope as you will need this for the rescheduled photo date.
- Online ordering will remain open until photo day.

Please call MSP Hunter & Central Coast
on (02) 4966 8292
if you have any questions



Nutrition Snippet

The simplest way

... to use Autumn fruit and veg.

Apples, bananas, pears, and cucumbers are in season and usually cheapest in Autumn.

Try these snack ideas:

- [Stewed apples and sultanas](#)
- [Banana bread](#)
- [Cucumber and cream cheese sandwiches](#)
- Sliced pear drizzled with lemon juice

For these recipes and more visit
healthylunchbox.com.au

healthylunchbox.com.au

CESSNOCK
SPORTSPOWER

Back to School

+ HEAPS MORE IN-STORE

WE HAVE THE BIGGEST RANGE OF SHOES AVAILABLE LOCALLY.

ABOVE IS JUST A SMALL LOOK AT OUR RANGE, THERE ARE CURRENTLY 295 DIFFERENT STYLES IN-STORE. POP IN AND CHAT WITH ONE OF OUR FOOTWEAR SPECIALISTS TO DISCUSS YOUR NEEDS.

.NIKE.CONVERSE.PUMA.ADIDAS.CLARKS.ASICS.BLUEHAVEN.NEWBALANCE.

The
Crossing

GIFTWARE ▪ CAFE ▪ NURSERY

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Kearsley Canteen Roster 2020

June

Mon	Tue	Wed	Thu	Fri
1 CLOSED	2 CLOSED	3 CLOSED	4 CLOSED	5 CLOSED
8 CLOSED	9 CLOSED	10 CLOSED	11 CLOSED	12 CLOSED

The school canteen will remain closed until further notice as we have been advised that there should not be any volunteers on site. We are in desperate need of volunteers for our canteen when it does re-open. If you are interested in volunteering in the canteen, please contact the canteen manager— SAMMI EDWARDS ON 0403724754.



All volunteers who work in the school canteen, reading groups or who volunteer and are on school grounds need to pay a membership fee to be covered for insurance purposes. Please pay your \$2.00 P&C / Canteen membership to the school office. An appendix 5 form needs to be filled in as well as providing 100 points of ID. These can be collected at the office or one can be sent home with your child. If you are unable to make your canteen day please contact the person you are doing canteen with to let them know you can't make it and try to find your own replacement. Thank you!

SCHOOL BANKING



Please be advised that School Banking will temporarily pause until further notice

NSW Department of Education

NSW Department of Education

Take care of your mental health



It's okay to feel stressed, anxious or worried.



Use credible sources when looking for information about COVID-19 and how to stay safe.



If you're feeling overwhelmed, take a break from watching the news and social media.



Try these healthy coping strategies to find the ones that work best for you:

- Talk to family, friends or teachers about your problems.
- Do something you enjoy.
- Use relaxation techniques like deep breathing or meditation.

If you want to talk it through with someone or find more tips, reach out to one of the following groups:

Kids Helpline
1800 55 1800 (24/7)
kidshelpline.com.au

headspace
1800 650 890
ehheadspace.org.au

Reachout
au.reachout.com

Lifeline
13 11 14 (24/7)

Stop the spread – protect yourself from viruses

Clean your hands with soap and water, or hand sanitiser.

Cover your nose and mouth when you cough or sneeze.

Avoid close contact with anyone with cold or flu-like symptoms.

Stay home if you are sick.



Please use hand sanitiser



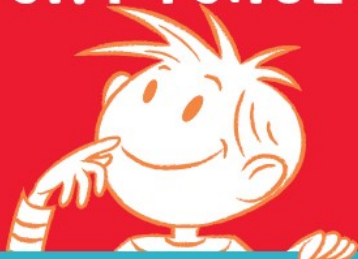
Please use hand sanitiser



education.nsw.gov.au

education.nsw.gov.au

DON'T FORGET!



SCHOLASTIC
Book Club
orders are due:

18 June 2020

Book Club LOOP

The **EASIEST** way for parents to order and pay for Book Club!



Parents: Are you registered for LOOP?

LOOP is the easiest way for you to order and pay online for your child's Book Club order, if you wish to pay by credit card.

Parents who are registered for **LOOP** receive exclusive sneak peeks, downloads and offers throughout the school year—don't miss out!



Head to [scholastic.com.au/LOOP](https://www.scholastic.com.au/LOOP) and register today!

SCHOLASTIC

kidshelpline Anytime Any Reason

We're here for your kids, if they need support they can...



Call us for FREE
1800 55 1800



Email us



WebChat with us

Parents! For more information and resources, please check out our Kids Helpline parents section

kidshelpline.com.au/parents

Good for Kids good for life

MANAGING SCREEN TIME

While your family is at home, many activities for learning, fun and keeping in touch will be done using screens.

To keep active make sure you spend time away from screens every day. Try some of the ideas below:

TURN OFF SCREENS + get active!

Screens can be great for learning, play and communication. Too much screen time can be unhealthy. Try to sit less and move more.

TIPS TO MANAGE SCREEN TIME

- Get together as a family to screen or media for parents and kids.
- Balance screen time - sleep, play outdoors, read and enjoy family time.
- No screens in bedrooms, especially at night.
- Take regular breaks instead of screens when getting out.
- Monitor kids' screen time. Set limits if needed.
- Go, see, Move more. Move every hour.
- Help kids sleep. Stop using screens 1 hour before bed.
- Parents - be a good role model. Reduce your screen time too.
- Dance to music or play video games that get you on your feet.

NSW GOVERNMENT **MAKE REALITY NORMAL** This resource has been developed by the NSW Health Communication Unit, published November 2018

Source: Western Sydney Local Health District, November 2018

Good for Kids good for life

STAYING ACTIVE AT HOME

Children should be getting at least **60 minutes** of physical activity that makes them 'huff and puff' across the day.

Staying active as a family will support your physical and mental health.

Try doing some of these activities together each day:

FAMILY EXERCISES

- Backyard sports
- Walking
- Dancing
- Tag
- Hula hoops
- Gardening
- Family boot camp
- Skipping
- Aerobics
- Walk the dog
- Hide and seek
- Make a game from chores

NSW GOVERNMENT

Source: Office of Sport