

Kearsley Public School

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Website: <https://kearsley-p.schools.nsw.gov.au>

Principal: Mrs Melissa Trigg



ISSUE 10 TERM 3 WEEK 3

Thursday 6 August 2020

IMPORTANT DATES

TERM 3

Week 3

3-7 Aug—Education Week

7 Aug—CANTEEN OPEN—
FOR ORDERS ONLY

Week 4

12 Aug—Yr 6 Taster lesson at
CHS 12pm— 2pm

14 Aug—CANTEEN OPEN—
FOR ORDERS ONLY

Week 5

17 Aug—ICAS Comp

19 Aug—Newcastle Perm
Maths Comp Yr 5 & 6

21 Aug—CANTEEN OPEN—
FOR ORDERS ONLY

Week 6

24 Aug—ICAS Comp

24-28 Aug—Book Week

27 Aug—Book Parade

28 Aug—CANTEEN OPEN—
FOR ORDERS ONLY

Week 7

31 Aug—ICAS Comp

2 Sep—Athletics-Track Events



100 Days of School

Last week K/1 and 1/2 celebrated 100 days of school. Both classes participated in lots of activities that involved the use of the number 100. Students came wearing some fantastic shirts to help celebrate the day. It looked like they had lots of fun!



Cross Country

Students had a wonderful time participating in our Cross Country event this week. It was wonderful to see so many children giving it their best! Ribbons will be handed out later in the week. A huge thanks to Mrs Richards and Mrs Power for their organisation.



Leaders Breakfast

This week our school leaders participated in a Zoom meeting for the annual Leaders Breakfast hosted by Cessnock Council. Students enjoyed morning tea together and listened to Stacey Currie share her life story and encourage resilience and positivity.



Education Week

Congratulations to this years Education Week award recipients - Mrs Melissa Trigg - Excellence in School Leadership, Mrs Susan Stipack - Excellence in Teaching, Mrs Amy Archibald - Dedication to the P&C, 'Pink Pop Ups' - School Program and Zarhn W- Sporting Achievements.





Education Week Awards

Kinder	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Saxon R	Jeziah W	Maeve A	Hannah C	Isla A	Maddie M	Catlin M
Beth W	Kyle A	Kiarntae W	Zach K	Levi H	Hudson B	Clayton H
Elliot W	Skylah B	Josh B	Maclyn W	Vaughn W	Evie M	Luke A

Assistant Principal Awards

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Principal Awards

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Restricted Access for Parents/Carers/Visitors

As part of the Department’s guidelines, all non-essential visitors/parents/adults to the school site is discouraged during this phase of the COVID-19 return plan. **Parents/carers should only access the school when there is a genuine need to do so e.g. collecting students to attend appointments.** Parents/carers can phone the school office on 49901705 at any time for enquiries or contact teachers via Dojo or email should they have any questions regarding their children.

Athletics @ School

Physical education is an important component of every child's education and it was wonderful seeing all of the students participate in the X-Country on Monday after our carnival had been postponed from earlier in the year. This term in weeks 7 and 8 on the Wednesday we are organising to run both the track and field events from our postponed Athletics carnival. Unfortunately all events will not be able to be run due to area restrictions at school, however we will develop a program that will work with current guidelines. On these days students are again invited to wear house colours and are reminded to bring their own refillable drink bottles. Parents are reminded that current guidelines do not allow them onsite to attend the events and we thank you for your help with this.

COVID-19 RESTRICTIONS

1. Parents and Carers are still asked to stay off school grounds.
2. If you NEED to be on school grounds, you **MUST** first go to the office to sign a declaration. This assists the school to complete contact tracing if needed.
3. The most preferred methods of contact are: phone call, Dojo messages, email or messenger.

Thank you for your understanding and co operation.



High School Transition—Cessnock HS

Year 6 students who are going to Cessnock HS for Year 7 in 2021 started their transition days in Week 2 and 3 of this term. The next transition day is scheduled for Week 4 on **Wednesday 12 August 2020**. Students are to be dropped at the high school by their parents by 12pm. Parents are to pick students up from the high school at 2pm. Other Transition dates for Term 3 include:

- * Parent information session- Week 5, Wednesday 19 August at 5pm-6pm
- * CASE class testing -Week 9 , Friday 18 September 2020 at 9.30am-11.30am

Book Week & Book Parade

To celebrate Book Week this year a Book Parade will be held at the school on Thursday 27th August, 2020. All students are invited to dress up (ALL DAY on THURSDAY) as their favourite book character. This years theme for book week is "**Curious Creatures, Wild Minds!**"

Book Parade: 1:30 – 2:00pm

Book Fair: Purchasing books will be on **TUESDAY & THURSDAY FOR STUDENTS**

Book Preview: is on MONDAY

**** Due to the current circumstances Parents and Caregivers will not be able to attend the Book Parade or Fair. On the week leading up to the fair photos of books available will be uploaded to our school Facebook page and Class Dojo for those wishing to purchase.**

School Photo Day

School photos will take place on Tuesday 8 September. All students need to come to school in full summer school uniform – black shoes, white socks, uniform shirt and navy shorts/skirt/skorts (no tights, stockings or tracksuit pants please). Envelopes will be sent home later in the term.



Kick-start Kinder @ Kearsley

Kinder Orientation sessions will commence in Term 4 providing we are able to do so with the current COVID-19 restrictions that are in place.

All families who have filled out the pre-enrolment data sheet will be sent further details at the end of Term 3.

Please note: Parents are required to stay during these sessions so we will be offering some exciting information sessions in the library while the children are learning new things in the classroom.



2020 NSW Premier's Reading Challenge

The Challenge is quickly drawing to a close, with 3 weeks left before all student entries are to be finalised. Final date for entry of Student Reading Records is Friday August 28.

To avoid possible issues with site congestion on these dates, we encourage you to finalise entries as early as possible. This will allow us time to resolve any issues that may arise before the system is closed for the 2020 Challenge.



P&C News

Welcome all parents and carers. We hope everyone had a good break in the school holidays. The canteen will be opening on FRIDAYS ONLY, we are still looking for volunteers for when it does open each day again. The pie run was an amazing success. I would like to thank all the volunteers for sorting out and delivering all the orders during the morning and afternoon. We are now looking forward to our next fund raiser which is still to be decided. Our next P&C meeting will be via zoom again at 1.30 on Thursday the 6th August. Please try and zoom in with us as your input is encouraged and a great way to meet other parents and carers. Please note that all school uniforms are still available at the office.



School Photo Day 8 September

SCHOOL PHOTO DAY HAS BEEN POSTPONED



msp
photography
www.msp.com.au


School photo day has been postponed and rescheduled for September 8th 2020

Please note the following;

- If you have placed an order online, that order is valid and your order will be fulfilled on photo day.
- New Photo envelopes will be handed out prior to photo day
- Online ordering will remain open until photo day.

Please call MSP Hunter & Central Coast
on (02) 4966 8292
if you have any questions

WE'RE HERE TO HELP!




P&C UNIFORM SHOP





AVAILABLE FROM THE OFFICE

Pre-order with Payment

Order Forms at Office

(CASH ONLY - Correct money appreciated)



Shirts - \$23	Jackets - \$34
	
Hats - \$14	Beanies - \$10
	

CESSNOCK
SPORTSPOWER

Back to School

+ HEAPS MORE IN-STORE

WE HAVE THE BIGGEST RANGE OF SHOES AVAILABLE LOCALLY.

ABOVE IS JUST A SMALL LOOK AT OUR RANGE, THERE ARE CURRENTLY 295 DIFFERENT STYLES IN-STORE. POP IN AND CHAT WITH ONE OF OUR FOOTWEAR SPECIALISTS TO DISCUSS YOUR NEEDS.

.NIKE.CONVERSE.PUMA.ADIDAS.CLARKS.ASICS.BLUEHAVEN.NEWBALANCE.

The Crossing

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TONY MOORE
6 CALEDONIA STREET, KEARSLEY NSW 2325
P. 02 4991 7771 • M. 0417 907 303 • E. tinsara@live.com.au

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COMPACT CONCRETE

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Kearsley Canteen Roster 2020 August

Mon	Tue	Wed	Thu	Fri
3 CLOSED	4 VOLUNTEERS	5 URGENTLY	6 NEEDED	7 Sammi Edwards Karieanne Clifford
10 CLOSED	11 VOLUNTEERS	12 URGENTLY	13 NEEDED	14 Joy Johnson Naomi Bailey
17 CLOSED	18 VOLUNTEERS	19 URGENTLY	20 NEEDED	21 Sharon Bailey Karieanne Clifford
24 CLOSED	25 VOLUNTEERS	26 URGENTLY	27 NEEDED	28 Brook Gatt Michael Gatt

The school canteen will remain partially **CLOSED** for Term 3 until further notice due to lack of volunteers. **FRIDAY** will be our only opening day. We are in desperate need of volunteers for our canteen. If you are interested in volunteering in the canteen, please contact the roster manager— **SAMMI EDWARDS ON 0403724754**.

THE CANTEEN WILL BE OPENING FRIDAY FOR ORDERS ONLY. THERE WILL BE NO CASH SALES OVER THE COUNTER AT LUNCHTIME. ALL FOOD INCLUDING ICE BLOCKS AND RECESS SNACKS MUST BE ORDERED IN THE MORNING. THANK YOU FOR YOUR SUPPORT!



SCHOOL BANKING

Please send in bank books every Thursday for Ms Crane to process. Some great prizes can be earned for regular banking!



Cancer Council
Healthy Lunch Box

Nutrition Snippet

The simplest way

... to boost your fruit and veg.

Canned and frozen fruit and veg are good choices.



Choose canned fruit in juice not in syrup.

Choose **reduced salt** canned veg.

Top Tips:

- Pack a canned fruit tub in the lunch box
- Add a can of kidney beans to taco mince

healthylunchbox.com.au

Nutrition Snippet

KIDS AND CALCIUM.



Calcium is important for growing healthy bones and teeth.


Our calcium-rich **custard pudding** makes a delicious lunch box treat, snack or dessert.




healthylunchbox.com.au



Nutrition Snippet

WHAT IS A SERVE?




 OR
  OR
 

½ cup of cooked vegetables ½ medium potato 1 cup of salad

One serve of veges is about 75g or 1/2 a cup cooked or 1 cup raw.

- Try weighing and measuring different veges to see how much you eat.
- Aim for 5 serves a day.

For vege recipes and more visit:
healthylunchbox.com.au



Good for Kids good for life

KEEPING ACTIVE IN WINTER

It can be tempting to let kids spend more time on screens during the winter months, with cooler temperatures and less daylight hours. But keeping active for **at least one hour each day** is still important, and also helps to keep warm!

Try some these activities that can also be done indoors:

- Make up a dance
- Hula hooping or skipping
- Pretend to move like different animals - scuttle side-to-side like a crab or hop like a kangaroo
- Start a family fitness challenge – who can do the most push-ups, squats, sit ups
- Use a pair of socks or balloon to play indoor volley ball, tennis, soccer or football



HNLHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>





School Dentist will be visiting
Kearsley Public School
 During the week commencing 19th-23rd October
 2020

Our innovative mobile dental service was created to meet the needs of the fast paced/time poor lifestyles of many parents. We are changing the game by bringing our dental team and equipment to West Wallsend High School to provide our onsite dental services to students.



Service snapshot:
 Children from families eligible for Family Tax Benefit A may be eligible for up to \$1000 of free dental over a 2-calendar year period.

Not eligible for Family Tax Benefit A?
 Your child will still be seen for **FREE** in the clinic for an examination/Clean/fluoride Treatment if required.



1300 266 003 PO Box 298, Gosford, NSW 2250 coast@westwallsend.com.au

SCOOTER TRACK

MONDAY	YEARS 5 AND 6
TUESDAY	YEARS 3 AND 4
WEDNESDAY	KINDER
THURSDAY	YEAR 1
FRIDAY	YEAR 2

RULES

- ❖ Helmets must be worn at all times.
- ❖ Only use your own helmet.
- ❖ Follow the arrows around the track.
- ❖ Ride in a single lane only.
- ❖ Do not overtake anyone.
- ❖ Do not ride on the bridge.
- ❖ Show respect to other riders.
- ❖ Use your scooter responsibly.



SCHOOL CANTEEN NEWS

The school canteen will remain partially CLOSED for Term 3 until further notice due to lack of volunteers.

FRIDAY will be our only opening day each week, starting this week. We are in desperate need of volunteers for our canteen. If you are interested in volunteering in the canteen, please contact the roster manager— SAMMI EDWARDS ON 0403724754.

Due to COVID-19 there will be different ordering procedures in place.

- The canteen will be opening each Friday for **ORDERS ONLY**.
- There will be **NO CASH SALES OVER THE COUNTER AT LUNCHTIME**.
- **ALL** food including ice blocks and recess snacks **MUST BE ORDERED IN THE MORNING**.
- Please order from the **NEW** menu which has been sent home today.

Thank you for your support!
 Brook Gatt
 Canteen Manager



Cessnock Family Support Service presents this **free** program

Bringing Up Great Kids

Bringing Up Great Kids is a reflective parenting program to support parents to review and enhance patterns of communication with their children. *Australian Childhood Foundation: www.childhood.org.au*

Topics covered include:

- Messages from the Past
- The Message Centre
- Giving and receiving messages
- The Message Behaviour
- Messages about me
- Passing on messages



Where: Both Via Zoom and limited numbers at Cessnock Family Support Service ©

When: 4 Tuesdays
 18th and 25th August and 1st and 8th September 2020

Time: 10am am to 12.00pm

Contact:

Cessnock Family Support Service
 by phone **02 4990 4507** (Mondays-Thursdays 9am-4pm) or by email admin@cfss.ngo.org.au for further information if you are interested in attending – Registration is essential and no childcare will be available.