RESPECT RESPONSIBILITY LEARNING

KEARSLEY PUBLIC SCHOOL



ISSUE 5 11th April 2024

In response to feedback we have had from students, staff and families, we are focussing our personal development lessons next term on friendship. URStrong is a whole school strategy that empowers students with friendship skills to create communities of kindness.

Relationships are at the heart of socio-emotional wellbeing. URStrong through the program 'Friendology,' gives kids skills, language and self confidence to be better friends and develop healthier relationships. Explicitly teaching children how to develop healthy friendships and manage conflict is the key. We will also be sharing information with families around the content.



IMPORTANT DATES TERM 2

<u>Week 1</u> 29 Apr—Staff Development Day 30 Apr—First day of Term 2 2 May—Touch Football Gala Day

<u>Week 2</u> 8 May—Kinder 2025 Afternoon Tea 9 May—Mother's Day Stall 9 May—Mother's Day Breakfast—8.20am 10 May—Walk Safely to School Day 10 May—Zone Cross Country



We would like to invite our families to the Kearsley Dawn Service on ANZAC day. We will meet at 5:00am at the tennis courts to march at 5:15am to the service at 5:30am. We ask that students who would like to march with us, please come in their school uniform. As a school, we are also attending the Cessnock RSL march and ask students to meet us at the car park of the Vincent Street Kitchen and Bar at 10:45am. We will be holding our school service at 10:45am on Tuesday 30 April.



Congratulations to Rosalee who won the end of term Kingsley draw.

Our 4 main areas we have identified for our 2024 School Improvement areas are:

*sentence level writing and comprehension *checks for understanding in maths *using emotion words to help students understand their impact on others

*increasing opportunities to increase our families understanding of what their children are learning and how they are going with their learning

I wish all of you a relaxing and enjoyable break with your children and we look forward to seeing students on Tuesday April 30th. Staff will be undertaking professional learning on Monday April 29th. Anthea Robinson 😃

49901705

THE RELEASE

Kookaburra Awards							
Mrs Stipack	Mrs Pitt	Miss Blumer	Mrs Richards	Mrs George			
Thomas B	Rosalee H	Mia W	Will B	Dakotah M			
Jacob B	Mylah P	Freddy S	Harrison D	Skye A			
Mason K	Noah S	Mahli P	Evelyn S	Jeziah W			
Saxon O	Nixie W	Ethan W	Trey R	Karleigh W			
Assistant Principal Awards							
К	iarntae W		Zahra K				
Principal Awards							
D	akotah M		Ezekiel S				

Third-party Software Consent Form

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Kearsley PS is committed to providing a technology-rich environment for our students. Our school community considers the use of information and communication technology to be fundamental in assisting teaching and learning in all areas of the school curriculum.

The school uses third-party software providers offering web-based online educational resources and cloud-based storage to support our administrative functions and enhance student learning outcomes.

In most instances, students are required to register before accessing the software. Registration involves either a staff member or student entering identifying information such as name, school year and the student's school email address into the software.

A consent form seeking your approval to register your child/ren to use certain software was sent home. All children in a family may be added to one form. If you require further clarification, please contact the school. Forms are to be returned to the office by **TOMORROW**.

Premiers Reading Challenge

The Premier's Reading Challenge opened for student entries on Monday 26 February 2024. The final date for student entries is Friday August 23 2024.

The PRC student site is available again this year! Students can search for books, read, add books to their reading logs and track their progress throughout the challenge. You can find the site at **www.premiersreadingchallenge.nsw.edu.au** or find the handy link on our Kearsley Public School webpage

Students will learn how to enter books and be encouraged to do so at home and in library time at school.





School Jackets

The P&C will be putting in an order for light weight and winter weight jackets at the start of next term. If you wish to order one for your child please fill in an order form and either send the correct

amount in cash to the office OR do a direct deposit to the P&C bank account. Please make sure you put the students name as a reference. We have jackets in the office if you wish to try on for sizing.

All order forms with payment need to be submitted to the office by Friday 10 May 2024.



Year 5—2025 Opportunity Class Applications

Applications for Year 5 opportunity class placement in 2025 opened 4 April and **close 20 May 2024**. Why selective education? Grouping high potential and gifted students together and using special teaching methods supports their:

 \cdot academic development \cdot emotional wellbeing \cdot friendships and social life.

Learn more at our website: https://education.nsw.gov.au/schooling/parents-and-carers/choosing -a-school-setting/selective-high-schools

Walk Safely to School Day-10 May 2024

Walk Safely to School Day asks that we all consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around. Although walking all the way to school isn't realistic for many of us, it's quite easy to figure out how you can build a walk into your family's daily routine. You can teach your child the healthy habit of walking more by:

- Walking with them the whole way to school
- If they get the bus, walk past your usual stop and get on at the next stop

• If you have to drive, park the car a few blocks away from the school and walk the rest of the way. Regular exercise like walking with your child not only helps prevent chronic problems like obesity, heart disease, behavioural and mental health issues and diabetes. It also gives you a great opportunity to teach your child safe ways to behave around roads and traffic. Remember, active kids are healthy kids! For more information, visit www.walk.com.au

Student Absences

SMS texts will be sent between 9.30am and 10.00am each day to inform that an absence has been recorded for the student. Parents/carers can explain the absence either by logging into the School Bytes Parent Portal, emailing the school direct or phoning the school office. ALL absences must be explained within three (3) school days. If you are having attendance concerns with your child, please contact the school so we can work together to improve their attendance at school.

Change of Contact Details

It is very important that all student, parent/carer(s) and emergency details are correct on our system. If you change your contact telephone numbers, address or emergency contacts, please notify the Kearsley Public School administration office of these changes or fill in the online form via School Bytes.



P&C News

The P&C would like to congratulate all of our winners from the Easter raffle. We also kindly ask moving forward that any ticket books families receive for our raffles be returned to the school, sold or unsold, as less than half that were handed out were brought back to school and it is an ongoing cost for the P&C.

We are in need of more volunteers for our canteen to continue providing the service for our students. It is from 9am-12pm and is very easy work, all training will be provided. Our children love to see their family members in the canteen and it enables us to remain open more days of the week.

The P&C would like to invite anyone who wishes to be involved in the P&C to the next meeting which will be held at 3.30pm on Thursday 2nd of May in the library or the hall.









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Kearsley Canteen Roster 2024

May

Mon	Tue	Wed	Thu	Fri
29 APRIL	30	1 MAY	2	3
STAFF	Jess B	CLOSED	Bee S	Heidi L
DEVELOPMENT DAY				Loretta L
6	7	8	9	10
Megan C	Jess B	CLOSED	Bee S	Savana G
				Kayla G
13	14	15	16	17
Bee S	Jess B	CLOSED	Bee S	Heidi L
				Loretta L
20	21	22	23	24
Megan C	Angela H	CLOSED	Hayley W	Bee S
	Eliza S			

We are always happy to have volunteers for our canteen. If you are interested in volunteering in the canteen, please contact the P&C executive OR school office. Our Canteen Menu can be viewed online at https://kearsley-p.schools.nsw.gov.au/p-c/canteen-menu.html or by scanning the QR Code.



Nutrition Snippet

APPLE AND CINNAMON SLICE

Prep time: 15 mins Cooking time: 25 mins Ingredients



½ cup apple purée ⅓ cup caster sugar 2 eggs ½ cup reduced-fat natural Greek

- yoghurt
- 1 tsp ground cinnamon 1 cup wholemeal self-raising flour
- 200g tinned apple slices

Method

Serves: 16

<u>Step 1:</u> Preheat the oven to 180°C. Grease and line a 20cm x 20cm square baking tin.

<u>Step 2:</u> Add the apple purée and sugar to a large bowl and whisk until combined.

<u>Step 3:</u> Whisk in the eggs, one at a time until combined.

<u>Step 4:</u> Add the yoghurt and cinnamon and whisk to combine. Add the flour and gently fold through until combined.

<u>Step 5:</u> Spoon the mixture into the prepared tin. Arrange the apple slices on top. Bake for 20-25 minutes, until a skewer inserted in the center comes out clean. <u>Step 6:</u> Stand in tin for 10 minutes before turning out onto a wire rack to cool. Slice and serve.

For this recipe and more visit: <u>healthylunchbox.com.au</u>





Fundamental Movement Skills Activity: Balancing Act

Fundamental Movement Skills (FMS) are the building blocks of movement. Just like kids need to learn to read and write, they need to learn how to master FMS for a lifetime of enjoying being physically active.

Try the activity 'Balancing Act' to develop balance!

Students try balancing different objects to see which shapes are easiest to balance.

What you need:

Various balancing objects, such as feathers, shoes, caps, broom handles, balancing poles (made from rolled up newspaper and sticky tape), etc. **What to do:**

- Students balance various objects to see which shapes are easiest to balance
- Students use different body parts to balance the objects, such as the palm or back of their hand, or their knee, foot, elbow or chin

Change it up:

- Students try walking or lying down and getting back up again while trying to balance the object
- Students 'jump' the balancing object from one body part to another i.e., one hand to another
- Compete with others and see who can hold a balance the longest

Respect

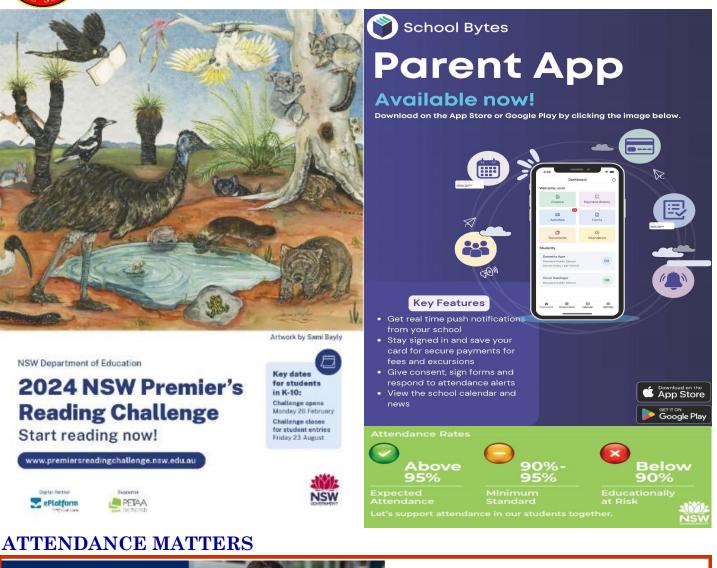


Responsibility

Learning

Individuals Achieving Goals Together

ISSUE 5, April 2024



Explaining every absence

If your child is:

- Sick
- Has a medical appointment
- Has to travel for family business
- Involved in Sorry Business





So we can plan continued support for your child's learning and wellbeing





What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

Explain the absence through our School Bytes portal or respond to the text we send.





Respect Responsibility Learning

Individuals Achieving Goals Together

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TONY MOORE 6 CALEDONIA STREET, KEARSLEY NSW 2325 P. 02 4991 7771 • M. 0417 907 303 • E. tinsara@live.com.au



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compactconcrete@outlook.com.au Newcastle, Hunter, Central Coast

Lic. 341302C



COMPACT CONCRETE

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P&C UNIFORM SHOP

AVAILABLE FROM THE OFFICE

Pre-order with Payment

Order Forms at Office

Cash - Correct money appreciated, Direct Bank Deposit to Kearsley P and C - BSB: 062-805

ACC: 00905244. Please put student name as a reference.

Shirts - \$30 Jackets (Light weight) - \$36-\$38 Winter Jackets - \$60









Hats - \$16





Beanies - \$10





KEARSLEY PUBLIC SCHOOL

Phone: 49901705 Fax: 49911018 Email: kearsley-p.school@det.nsw.edu.au Website: www.kearsley-p.schools.nsw.edu.au



130 Caledonia Street KEARSLEY 2325 P.O. Box 566 CESSNOCK 2325

KEARSLEY PUBLIC SCHOOL P&C UNIFORM ORDER FORM

Pre-order with Payment - (Cash - Correct money appreciated, Direct Bank Deposit)

Date:

Student Name: _ Parent Ph: ____

> Shirts \$30 each Shirt size Quantity Cost @ \$30 each 6 10 12 14 16 Bucket Hat \$16 each Hat Size Quantity Cost @ \$16 each Medium Large Jacket (Light weight) \$36-\$38 each Cost @ \$36-\$38 each Jacket size Quantity 6 10 12 14 16 Winter Jacket \$60 each Cost @ \$60 each Jacket size Quantity 4-6 6-8 8-10 10-12 12-14 XS Adult Winter Beanie \$10 each Beanie Size Cost @ \$10 each Quantity OSFA Lunch Order Bag \$10 each Cost @ \$10 each Colour Quantity **Total Cost** Ś

Nutrition Snippet

5 TIPS TO TAKE THE PRESSURE OFF PACKING LUNCH BOXES





 Base it on the 5 food groups
Add colour with fruit and vegetables
Let your child to help choose some foods
Save time by packing leftovers
Save money by stocking up on specials
Read more at: healthylunchbox.com.au/blog/5-tipsto-take-the-pressure-off-packing-a-lunch-box

healthylunchbox.com.au 🎢 Health